

HEAD ON CONCUSSION MANAGEMENT PROGRAMME FAQ

1. WHO IS HEAD ON AIMED AT?

Laya healthcare's HEAD ON Concussion Management Programme is open to amateur rugby players, male and female, from rugby clubs throughout the province of Leinster.

2. IS THIS ONLY AVAILABLE TO LAYA HEALTHCARE MEMBERS?

No, you do not need to be a laya healthcare member to avail of Head On.

3. WHAT IF I MISS OUT ON THE LAYA HEALTHCARE HEAD ON PROGRAMME?

Our screening partner AMS provide these concussion screenings to people over the age of 12 independently of Head On. All rugby players affiliated with a rugby club are eligible for a 20% discount, not just Leinster based players. Please contact them directly via www.advancedmedicalservices.ie for further information.

4. WHO CONDUCTS THE SCREENING AND IS IT MEDICALLY SUPERVISED?

The HEAD ON Concussion Management Programme screening is carried out by laya healthcare's partner AMS (Advanced Medical Services), who are very experienced in the area of concussion testing and screening.

The testing carried out as part of the HEAD ON Concussion Management Programme is clinically led and has been widely used and endorsed by sporting organisations from around the world including the IRFU and NFL.

5. WHY IS THIS ONLY IN LEINSTER?

HEAD ON is currently only available to players from Leinster as it is an initiative being rolled out as part of laya healthcare's Health & Wellness Partnership with Leinster Rugby.