

HEAD ON

CONCUSSION MANAGEMENT PROGRAMME

IN ASSOCIATION WITH

laya healthcare
proudly part of AIG

ENSURING A
SAFE RETURN TO
SCHOOL, WORK
AND PLAY

HEAD ON CONCUSSION MANAGEMENT PROGRAMME

Laya healthcare are delighted to support the Concussion Aware campaign. As part of this support we would like to offer your school or club a 20% discount off our Head On Concussion Management Programme. Simply call 1890 300 333 and quote "Concussion Aware" to avail of this 20% discount for your club or school. All participants must be 12 years and over.

www.layahealthcare.ie/concussionaware

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1

THE TEST - HOW AND WHERE?

The baseline test is completed by a player using a laptop and a mouse, away from the rugby pitch, when healthy and not suffering from a concussion.

It's provided by laya healthcare.

TAKES JUST
45 MINUTES

You simply sit at a laptop and complete a range of easy tasks to test a few fundamentals around memory and reaction times.

There is no physical element to the test.

2

PURPOSE AND BENEFITS OF THE TEST

This baseline test is designed to give information about a person's cognitive reactions, so that if they should suffer a concussion, the Head On team will have the information they need to assess the severity of the concussion.

This will allow you to return to play safely and help alleviate player or parental concerns during recovery.

3

FOLLOW UP ASSESSMENT

If a player has a suspected concussion within a year of their baseline test, they (or their parents or coach) must contact AMS on 1890 300 333.

AMS will book the affected player in for a follow up assessment with a Head On doctor for a post-injury evaluation and help the player recover safely following their injury.

The cost of the follow-up assessment is included in the programme and covered by laya healthcare.

To register now visit
www.layahealthcare.ie/concussionaware