

24/7 Mental Wellbeing Support Programme (EAP) During Covid-19 and Return to the Workplace

Ensure your employees have access to mental health and wellbeing support during Covid-19 and their Return to the Workplace. Our 24/7 Mental Wellbeing Support Programme is available 24/7, 365 days a year to members aged 16+ and offers support to employees and their dependents through immediate mental health support, access to up to 6 counselling sessions (where clinically appropriate) and access to experts across finance, legal, parenting and other supports.

As part of the Return to Work Safely Protocol issued by the Government of Ireland, Employers are obligated to address Mental Health and Wellbeing as part of their return to workplace planning, and "should put in place support for workers who may be suffering from anxiety or stress". The Protocol highlights an Employee Assistance Programme as one of the solutions to this obligation.

Why laya healthcare's 24/7 Mental Wellbeing Support Programme (EAP):



Calls are answered by a qualified Counsellor & Psychotherapist everytime (no separate triage team, no calls diverted overseas and no use of answering machines).



Employees get access to unique care pathways and specialist counsellors across cancer, gender dysphoria, relationships, autism and more.



Market leading utilisation statistics due to multiple employee access points across free-phone number, live chat and request callback forms.



Access to Wellbeing Portal with expert content delivered through video, podcast and blogs on mental health, Covid-19 and return to work.



We offer an entire Island of Ireland service with access to 450+ counsellors across 15+ languages. All can be accessed within 30km from the employees home or via video/phone counselling.



Reporting based on outcomes allows you to understand the positive impact EAP has had on your organisation.

To learn more about our 24/7 Mental Wellbeing Support Programme (EAP), please contact your laya healthcare account manager.