

Total Health No Excess, Total Health Choice,  
Total Health Complete, Total Health Complete 175,  
Total Health Plus, Total Health Select

Rules booklet



laya  
healthcare   
proudly part of 

looking after you always

# Welcome to Laya Healthcare

In 2015 laya healthcare proudly became part of AIG, one of the strongest insurance organisations in the world with over 90 million customers in 100 countries and jurisdictions.

The affordable and innovative insurance solutions that laya healthcare provides to our members, along with our dedicated and experienced team who are obsessed with providing excellent customer service, proved a key attraction for AIG.

With AIG's financial backing, global expertise and long term commitment to Ireland, we expect to go from strength to strength, widening our offering and bringing value and innovation to Ireland's insurance market. We will continue to work closely with our members to educate and empower them in their lives, protecting their long term health and wellbeing for years to come.

Our valued members can rest assured that laya healthcare will continue to operate in Dublin and Cork, providing the same excellent service for which we are known while fulfilling our promise of Looking After You Always.

Thank you for choosing us to look after your healthcare cover.

This rules booklet contains very detailed legal information about our 'Total Health' schemes and is a reference guide to your Total Health Scheme Detail Summaries.

We understand you may have questions, so please feel free to contact our Customer Care team.

Call 1890 700 890 between 8am and 7pm Monday to Friday and 10am and 3.30pm on Saturdays. In the interest of customer service, calls are recorded & monitored.

Visit our website on [www.layahealthcare.ie](http://www.layahealthcare.ie) or email us at [info@layahealthcare.ie](mailto:info@layahealthcare.ie)

Laya healthcare, Eastgate Road, Eastgate Business Park, Little Island, Co. Cork, T45 E181.

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## Serving you online with Member Area

**It's never been easier for you to access information when it suits you. By logging into your secure Member Area you can do things such as:**

- Manage your policy
- Review your hospital and scan centres cover
- Access your policy documentation, including claim forms
- Check your claims history

Just visit [www.layahealthcare.ie/memberarea](http://www.layahealthcare.ie/memberarea)

## How to make a claim

### While in hospital

We have direct settlement with almost all of our hospitals and consultants. This means that when you go into hospital (for in-patient or day-case treatment), you simply fill out a form when you arrive, sign it when you leave, and the hospital then deals directly with us. There's no need for you to do anything else. We will then write to you afterwards to let you know how your claim has been assessed. It's as simple as that.

It's a good idea to call us on **1890 700 890** and let us know about any upcoming treatment. Don't forget to tell us which hospital you're going to and the name of your consultant, so we can confirm your cover.

### Day-to-day expenses

If you have other health expenses, like physiotherapy, GP or casualty visits, just keep your receipts throughout the year. Then, at renewal time, fill out an out-patient claim form which can be posted to you if requested or downloaded online and include all your receipts and send to:

**Laya healthcare**, PO Box 12679, Dublin 15.

Read on for a full explanation of our rules and benefits.

## Reading your rules booklet

This booklet is broken into your:

1. Scheme rules which outlines definitions and the rules of your policy (pg 3-18), and
2. Table of benefits which outlines in detail the benefits received by you (pg 19-33)

# Scheme rules for the Total Health Suite

Effective from 1st March 2016.

## 1. Introduction

You need to read these rules in conjunction with the current Table of Benefits for the Total Health Suite schemes (see pages 19 to 33), including the notes (see pages 33 to 35), your membership certificate and your application form. These documents and the rules make up the agreement between us, laya healthcare, and you, the member.

## 2. Definitions

It is important for you to understand that some of the terms we use have specific meanings. These terms and their meanings are outlined below and are written in bold throughout the remainder of the booklet.

The following words and phrases in **bold** have the meanings shown below.

### Age of Entry

The sum of your age minus any **Lifetime Community Rating Credited Months**. This figure is used to determine any additional **LCR Amount** that you may have to pay.

### Benefits

The hospital charges, medical fees and other **benefits** shown in the Table of Benefits.

### Clinical Psychologist

Clinical Psychology is both a general practice and a health service provider speciality in professional psychology. **Clinical Psychologists** provide professional services relating to the diagnosis, assessment, evaluation, **treatment** and prevention of psychological, emotional, psychophysiological and behavioural disorders in individuals across the lifespan.

### Consultant

Any registered medical practitioner who meets all of the following requirements:

- they hold a current full registration with the Irish Medical Council
- they are engaged in hospital practice by reason of their training, skill and experience in a designated specialty, they are consulted by other registered medical practitioners and they undertake full clinical responsibility for patients in their care, or that aspect of care on which they have been consulted, without supervision in professional matters by any other person
- they hold a public consultant post or are eligible to hold a public consultant post
- they are recognised by us as a **laya healthcare** consultant for the purpose of our insurance schemes in **Ireland** (**you** can phone or write to us if **you** would like to know whether or not a particular registered medical practitioner is recognised by us or **you** can check our website).

If **you** need to receive **treatment** in a country outside **Ireland**, a **consultant** will refer **you** to a surgeon, physician, or anaesthetist who is less than 70 years of age and is legally qualified to provide the **treatment** in that country.

### Cosmetic treatment

**Treatment** which is defined as medical or surgical and is primarily for the purpose of improving appearance or self-esteem.

### Day-case treatment

**Treatment** where, for medical reasons, **you** have to be admitted into a **hospital** and occupy a bed in that **hospital** during the day, but not overnight, for **treatment** which would be accepted generally by the medical profession in **Ireland** as **day-case treatment** as opposed to out-patient treatment.

### Dental Practitioner

A **dental practitioner** with a current full registration with the Irish Dental Council, who holds a primary dental qualification. He/She is community based and provides dental care.

## Dependants

Your husband or wife or partner and any child or **dependant** of **yours** who we have agreed with **you** to accept into membership of one of the **schemes**, and who is also named on **your** membership certificate as one of **your** **dependants**.

## Emergency dental treatment

Restorative **dental treatment** urgently required in order to alleviate pain, inability to eat or any acute dental condition caused by an accidental external impact to the mouth and which presents an immediate and serious threat to a person's general health.

## Female recipient

The **female recipient** of the specified infertility treatment available on one of the schemes and who is named on a **laya healthcare** membership certificate.

## Full cover scheme

The scheme known as the **full cover scheme** under which **laya healthcare** agrees limits on **consultants'** fees with participating **consultants**. A **consultant** is participating in the **full cover scheme** if he or she is listed in **laya healthcare's** list of **full cover scheme** participating **consultants** (**you** can phone or write to us if **you** would like to know whether or not a **consultant** is participating in the **full cover scheme** or **you** can check our website).

## General medical practitioner/GP

A **registered medical practitioner** who is fully registered with the Irish Medical Council and who is not a **consultant** and is currently practicing as a primary care physician in the community.

## Health insurance contract

A **health insurance contract** to which the Irish Health Insurance Act, 1994, and the regulations made under that Act, apply.

## Hospital

This means a **laya healthcare participating hospital**.

## In-patient treatment

**Treatment** where, for medical reasons, **you** have to stay in a **hospital** overnight.

## Ireland

**Ireland** excluding Northern Ireland.

## Laya healthcare's list of approved appliances

This is a list of approved appliances which shows the amount which a member can claim for a list of appliances on their scheme. Some of these appliances may require a specific referral letter. For full details on the appliance list visit [www.layahealthcare.ie/formembers/appliancelist](http://www.layahealthcare.ie/formembers/appliancelist). This list may change from time to time so please refer to the list online or call us before purchasing any item on the list.

## Lifetime Community Rating Health Insurance Contract

A contract that provides for in-patient indemnity payment and to which the Health Insurance Act, 1994 applies.

## Lifetime Community Rating Regulations

The Health Insurance Act 1994 (Determination of Relevant Increase under section 7A and Provision of Information under section 7B) Regulations 2014.

## Membership start date

The date on which a person begins his or her current continuous period of membership of their **scheme**. The **membership start date** for **you** and **your dependants** is shown for each of **you** individually on **your** current membership certificate. We will treat a person's cover under the **scheme** as continuous if there is no break in membership of more than 13 weeks.

## Midwife

A **midwife** registered on the midwife register with An Bord Altranais.

## Minimum benefit regulations

The Irish Health Insurance Act 1994 (**minimum benefit**) Regulations 1996, made pursuant to the Irish Health Insurance Act 1994, as amended from time to time.

## Northern Ireland participating hospital

Any hospital in **Northern Ireland** listed in note 1(ii) on page 33 of the Table of **Benefits**.

## Nurse

A **nurse** who is registered with An Bord Altranais for midwifery, health visiting and/or nursing.

## Out-patient treatment

**Treatment** which is not **in-patient treatment** or **day-case treatment**. For example, **treatment** in a doctor's surgery.

## Participating therapist

We will recognise a person who is a participating alternative therapist and is registered with the relevant associations at the time of treatment for the purpose of our insurance **schemes in Ireland**. We will also recognise registered **general practitioners** who are **participating therapists** with the relevant alternative associations. These are listed as follows:

- (a) a chartered or State registered physiotherapist and the Irish Society of Chartered Physiotherapists
- (b) a member of the Irish Association of Speech and Language Therapists and/or the Royal College of Speech and Language Therapists
- (c) a member of the Society of Chiropractors/Podiatrists, the Institute of Chiropractors and Podiatrists, the Irish Chiropractors/Podiatrists Organisation Ltd, and/or the British Chiropractic and Podiatry Association
- (d) a person who is either on the Professional Register of Traditional Chinese Medicine, the Traditional Chinese Medicine Council of Ireland (TCMCI) the British Medical Acupuncture Society, the Acupuncture Foundation Professional Association and/or is accredited to the British Acupuncture Council and/or the Academy of Chinese Culture and Medicine
- (e) a person who is on the professional register of the Irish Society of Homeopaths or the Irish Medical Homeopathic Association
- (f) a member of the Chiropractic Association of Ireland (CAI) and McTimoney Chiropractic Association of Ireland
- (g) a member of the Osteopathic Council of Ireland and the Association of Osteopaths in Ireland
- (h) for the purpose of child counselling a **full** member of the Irish Association of Counsellors and Therapists or The Irish Council for Psychotherapy or the Psychological Society of Ireland
- (i) for the purpose of adult counselling a **full** member as a **Clinical Psychologist** in the clinical division of the Psychological Society of Ireland
- (j) a member of the Association of Occupational Therapists of Ireland
- (k) a member of the Irish Nutrition and Dietetic Institute
- (l) a member of the International Association of Infant Massage
- (m) a member of MLD (Manual Lymph Drainage) Ireland
- (n) a member of the Irish Reflexologists Institute, the Federation of Holistic Therapists Ireland and/or the National Register of Reflexologists.
- (o) a member of the British and Irish Orthoptic Society and/or Fellow of the Association of Optometrists Ireland (FAOI)
- (p) a member of the Association of Neuromuscular Therapists (ANMT), the Irish Association of Physical Therapists, the Register of Physical Therapists of Ireland or the Irish Institute of Physical Therapists

(q) a member of the Irish Society of Hearing Aid Audiologists

(r) a registered **midwife** who is a member of the Association of Lactation Consultants in Ireland and who holds International Board Certified Lactation Consultant membership.

(You can phone or write to us if **you** would like to know whether or not someone is a **participating therapist** for the purpose of the scheme.)

### Pre-existing condition

Pre-existing condition: An ailment, illness or condition, where, on the basis of medical advice, the signs or symptoms of that ailment, illness or condition existed at any time in the period of 6 months immediately preceding:

- the day **you** took out a Health insurance contract for the first time; or
- the day **you** took out a Health insurance contract again after **your** previous Health insurance contract had lapsed for 13 weeks or more.

**Please note that our medical advisors will determine whether a condition is a Pre-Existing condition. Their decision is final.**

### Private hospitals Tier (Level) 1

- Aut Even Hospital, Kilkenny
- Barringtons Hospital, Limerick
- Cahercalla Hospital, Clare
- Clane Hospital, Kildare
- Cork Clinic, Cork\*
- National MS Centre, Rathgar
- Park West Clinic, Dublin 12
- St Francis, Mullingar
- Kingsbridge Private Hospital, Sligo

\*Please contact us prior to admission to ensure your treatment is covered.

### Tier (Level) 2

- Bon Secours Hospital (Cork, Tralee, Galway

and Dublin)

- Galway Clinic
- Hermitage Medical Clinic, Dublin
- Mater Private Cork
- North West Independent Hospital, Derry
- St Vincent's Private Hospital, Dublin
- Ulster Independent Clinic, Belfast
- Whitfield Clinic, Waterford
- Sports Surgery Clinic, Dublin

### Tier (Level) 3 - Hi Tech Hospitals

- Blackrock Clinic, Dublin
- Mater Private Hospital, Dublin
- Beacon Hospital, Dublin

### Public hospital

A publicly funded hospital, other than a nursing home, which provides services for a person pursuant to his or her entitlements under Chapter II of Part IV of the Irish Health Act 1970.

### Laya healthcare participating hospital

Any hospital listed in the **laya healthcare** participating hospital list at the time **you** receive **your treatment**. For members of the **laya healthcare** Total Health schemes, the **laya healthcare** participating hospital list means the list of **laya healthcare** participating hospitals that is published by us from time to time for the purpose of these schemes. This list may change now and again, so please check with us before going to hospital that **you** are properly covered for that hospital and that the hospital is still listed. We will send **you** a copy of the most up-to-date list if **you** ask us to.

### Qualifying Period of Unemployment

Any period or periods of time, greater than 6 continuous months up to a combined maximum of 36 months, after 1st January 2008 where you ceased to have a **Lifetime Community Rating Health Insurance Contract** by reason of unemployment of either you or the person you were dependent on and you or that person you were dependent on was in receipt of a Relevant Social Welfare Payment.



## Registered medical practitioner

A person whose name appears in the General **Register of Medical Practitioners** maintained under the Irish Medical Practitioners Act 2007.

## Registered nursing home

A **nursing home registered** pursuant to the Health Act 2007.

## Renewal date

The **renewal date** shown on **your** membership certificate.

## Routine dental treatment

We refer to **routine dental** as being a general check-up, scale or polish, routine filling or extraction (excludes wisdom teeth) carried out by a registered dentist. A dental x-ray, where deemed necessary in the clinical judgement of a registered dentist, is also considered Routine dental treatment.

## Schedule of benefits

This is the **schedule** which we publish from time to time for the purpose of our medical insurance **schemes in Ireland**. This schedule lists various surgical and diagnostic procedures and medical illnesses. It also explains the amount of the **benefits** we shall pay for treatment provided by a **consultant** and for **surgical out-patient treatment** provided by a **general practitioner** (we will make available to **you** a copy of the schedule if **you** ask us to).

## Scheme

**Scheme** means whichever **laya healthcare** health insurance scheme **you** are a member of, such as Total Health No Excess, Total Health Choice, Total Health Complete, Total Health Complete 175, Total Health Plus and Total Health Select.

## Surgical out-patient treatment

**Out-patient treatment** consisting of a surgical procedure listed in the **schedule of benefits**.

## Specified Orthopaedic Procedures

These are orthopaedic procedures which, depending on your scheme and the hospital you attend, may be liable to a shortfall payable by you to the hospital. These procedures are listed

| Code | Procedure  |
|------|--|
| 3660 | Arthroplasty of hip using prosthesis, unilateral   |
| 3666 | Metal on Metal hip resurfacing arthroplasty, unilateral  |
| 3661 | Revision of total hip arthroplasty, acetabular and femoral components with or without autograft or allograft |
| 3910 | Prosthetic replacement (total) of knee joint, unilateral   |
| 3911 | Revision of arthroplasty of knee joint, with or without allograft, one or more components.                   |

For details of the Shortfall payable please contact Laya Healthcare or refer to the “For Members – Checking Your Cover” section of our website.

Where you have to pay a shortfall under this benefit any other private hospital excess or shortfall which you would otherwise have to pay for that private hospital in which the Specified Orthopaedic Procedure was performed will not apply.

The procedures classified as Specified Orthopaedic Procedures and the hospitals in which a shortfall will apply may change from time to time so please contact us in advance of any treatment or refer to the “For Members – Checking Your Cover” section of our website for details of the applicable hospitals.

## Treatment

Any health services a person needs solely for the medical investigation, **treatment**, cure or alleviation of the symptoms of illness or injury.

The **treatments** which are covered and/or level of cover for those **treatments** may change during the **Year** (for example where a procedure is re-designated or is no longer covered by **laya healthcare** in a participating hospital), so please check with us before booking in for those **treatments** that **you** are properly covered for the relevant **treatment**. We will send **you** a copy of the most up to date **treatment** list if you ask us to.

### Year

The period starting on **your membership start date** or a **renewal date** and ending at midnight on the day before the next **renewal date**.

### You/your

This means **you** the main member and **your dependants**.

## 3. Joining the scheme

- (a) **Your** membership of **your scheme** begins on **your** start date as shown on **your** membership certificate.
- (b) The membership of each of **your dependants** of their **scheme** begins on their start date as shown on **your** membership certificate.
- (c) If **you** enrol **your** child as a **dependant** within 13 weeks of the child's birth, **your** child's membership of the **scheme** will be treated as having begun on the date of the child's birth. And if **you** are a member of the **scheme**, **you** can apply to enrol **your** newborn child as a **dependant** of their **schemes** free of charge until **your** first **renewal date** after his or her birth.
- (d) The agreement between **you** and us for **your** membership of any of the **schemes** shall be separate from any agreement between us and **you** for **your** membership of any other **laya healthcare** insurance scheme or schemes.
- (e) The **scheme** of which **you** are a member is shown on **your** membership certificate.

## 4. Your membership certificate

**Your** membership certificate forms part of the agreement between **you** and **laya healthcare**. This section explains the information that is provided on **your** membership certificate

### LCR Credit Months:

Any previous months in which **you** had a **Lifetime Community Rating Health Insurance Contract** or in which **you** had a **Qualifying Period of Unemployment**. The amount of credited months **you** have is subtracted from **your** age to determine your **Age of Entry**

### PMI:

This is the total amount of months **you** previously had a **Lifetime Community Rating Health Insurance Contract**

### UE:

This is the total amount of months **you** previously had a **Qualifying Period of Unemployment**

### LCR Amount:

The additional loading that **you** have to pay in accordance with **Lifetime Community Rating Regulations**

### LCR Waivers:

These are exemptions that mean that **you** will not be subject to a **LCR Amount**. These exemptions are listed below:

Non-resident - **you** are entitled to this waiver if **you**:

- were resident outside of Ireland on 1st May 2015, and you subsequently established residency in Ireland,
- subsequently became resident in Ireland after that date, and
- **you** took out a Health Insurance contract within 9 months of establishing residency in Ireland

Continuous PMI Cover – **you** are entitled to this waiver if **you**:

- had a **Lifetime Community Rating Health Insurance Contract** on the 30th April 2015 and
- you have held a **Lifetime Community Rating Health Insurance Contract** on a continuous basis since that date

## 5. Renewing your membership

- (a) Your membership of the **scheme** will automatically renew on **your renewal date**, each year (subject to Rule 11 on page 14) for a further year unless we write to notify **you** that we have decided to end the **scheme**. In that case, **your scheme** membership will end at the end of the year in which we notify **you** of our decision.
- (b) You renew **your** membership of the **schemes** by continuing to pay **your** subscriptions after **your renewal date**.

## 6. Your subscriptions

You must pay the subscriptions **you** have agreed with us for **your membership** of the **scheme** when it falls due. We may increase the subscriptions **you** have to pay each **year** (see Rule 11 on page 14).

You must pay **your** subscriptions in a way which is reasonably acceptable to us. We will give details of the ways **you** can pay **your** subscriptions in our brochure and we will send **you** updated details if **you** ask us to. A credit charge will apply if paying by installments.

If a change to **your** membership results in a premium refund of less than or equal to €5, no refund will be provided unless agreed by **you** with **laya healthcare**.

If a change to **your** membership results in a premium shortfall of less than or equal to €10, payment will not be required unless agreed by **you** with **laya healthcare**.

## 7. Ending your membership

- (a) You have the right to cancel **your** membership of the **scheme** by writing to us within 14 days of **you** receiving **your** first membership certificate. We will give **you** a full refund of any money **you** have paid us as long as **you** have not made any claims.
- (b) **Your** contract is for a period of one year unless we agree to a different period when commencing **your** policy. If **you** do cancel mid-year, **you** will not receive any refund on **your** premium. In the event of non-payment in accordance with the payment terms of **your** contract, such non-payment will constitute a breach of contract. In such circumstances we will not pay any benefits for the contract term and we will seek recovery of the losses and expenses incurred by us as a result of **your** non-payment.
- (c) You may also cancel the membership of any of **your dependants** of their **scheme** by writing to us within 14 days of **you** receiving **your** first membership certificate which lists them as a member. We will give **you** a full refund of any money **you** have paid for those **dependants**, whose membership **you** have cancelled within 14 days, as long as no claims have been made in respect of them.
- (d) **Your** dependants contract is for a period of one year unless we agree to a different period when commencing **your** policy. If **you** do cancel **your** dependants contract mid-year, **you** will not receive any refund on **your** premium. In the event of non-payment in accordance with the payment terms of **your** contract, such non-payment will constitute a breach of contract. In such circumstances we will not pay any benefits for the contract term and we will seek recovery of the losses and expenses incurred by us as a result of **your** non-payment.
- (e) We can end or refuse to renew someone's membership of the **scheme** if they have at any time made a fraudulent misrepresentation which relates to their contract with **laya healthcare** or any other **health insurance contract**, and which has, or could have, resulted in us, or any other

registered health insurer, suffering financial loss. This includes information which could have affected our decision to allow anyone to join the **scheme** or what subscriptions they have to pay, or whether or not we have to pay any claim for **benefits**.

- (f) Your membership of the **scheme** will end immediately if **you** stop living in **Ireland** for a consecutive six month period.
- (g) We may end **your** membership of the **scheme** by writing to **you** if **you** do not pay any or part of **your** subscriptions on the date they are due. If **your** membership ends because **you** do not pay **your** subscriptions, we may allow **you** to continue **your** membership, as long as **you** pay the subscriptions **you** owe within 30 days.
- (h) Where a change made to your policy increases your subscriptions and we choose to cancel your policy in accordance with 7(g), we may cancel your policy from whatever period your subscriptions provide cover for.
- (i) If a person's membership of the **scheme** ends because we end their membership (eg. for fraudulent misrepresentation), we will give a refund of subscriptions paid for them for the period after their membership ends.
- (j) If **you** cease to be a member of **your scheme** for any reason at any time, the membership of each of **your dependants** on the **scheme** will also end at the same time unless we otherwise agree in writing at the time. **Your dependants** will need to make their own arrangements with us to continue their membership of their **schemes**. They can do this by telephoning or writing to us. We will explain to them what they will need to do.

## 8. What is covered under the scheme

- (a) We will pay **benefits** for **treatment** a person receives while they are a member of their **scheme**. We will pay **benefits** under the **scheme** of which they were a member at the time they received the **treatment** and according to the rules and Table of **Benefits** of the **scheme** that applied to them at that time. We will not pay **benefits** for **treatment** which a person receives while he or she is

not a member of the **schemes**.

- (b) We will only pay fees and charges for **treatment**, services and facilities that are reasonable and customary and in any event only up to the limits shown in the Table of **Benefits**. By reasonable and customary we mean that what **you** are charged for and how much **you** are charged is not more than what the majority of our other members of the **schemes** are charged in Ireland for similar **treatment** services or facilities.
- (c) The **treatments** which are covered and/or level of cover for those **treatments** may change during the **Year** (for example where a procedure is re-designated or is no longer covered by **laya healthcare** in a participating hospital), so please check with us before booking in for those **treatments** that **you** are properly covered for the relevant **treatment**. We will send **you** a copy of the most up to date **treatment** list if you ask us to.
- (d) We may pay **benefits** direct to the person who provided the **treatment** or to **you** or **your dependants**. We will pay benefits after deducting any withholding tax or other deductions that we are required to make by law.
- (e) We will only pay **benefits** for costs and expenses that **you** have to pay. We will only pay **benefits** for **treatment** that **you** need and have received.
- (f) Any **benefits** we pay for **treatment** to which **you** are not entitled, will still count towards the maximum amount we will pay under the **scheme**. We may decide to make these payments, but it does not mean we will have to pay them in the future.
- (g) We will pay **benefits** for **in-patient treatment** for psychiatric or addictive conditions or problems up to the following limits:
  - (i) The maximum number of days of **in-patient treatment** for psychiatric conditions (other than those referred to in "ii") for which we shall pay **benefits** for any person in any calendar year shall be 100 less the number of days of such **treatment** that the person has received during the same calendar year, in respect of which a payment has been made by us or any other **health insurance contract**.

- (ii) The maximum number of days of **in-patient treatment** for alcoholism, drugs or substance abuse for which we shall pay **benefits** for any person in any continuous period of five years shall be 91 less the number of days of such **treatment** received by that person during the same five-year contract period in respect of which a payment has been made by us or any other **health insurance contract**.
- (h) The maximum number of days of **in-patient treatment** and **day-case treatment** combined for which we shall pay **benefits** for any person in any calendar year shall be 180 less the number of days of such **treatment** received by that person during the same calendar year for which any payment has been made or is payable under any **health insurance contract**. In the case of anyone who joins or cancels during the year, their number of eligible days for **in-patient** or **day-case treatment** will be calculated on a pro rata basis.
- (i) We will only pay **benefits** in relation to the diagnosis or treatment of illness or injury of a person which would be accepted generally by the medical profession in **Ireland** as appropriate and necessary, having regard to the standards of medical practice and to the nature and cost of any other recognised forms of treatment as well as to all the circumstances relevant to the person.
- (j) We do not have to pay **benefits** for **in-patient treatment** provided by a **hospital** if we are of the reasonable opinion, based on appropriate medical advice, that the **treatment** could have been received as **day-case treatment** or **out-patient treatment**. We also do not have to pay benefits for day-case treatment if we are of the reasonable opinion, based on appropriate medical advice, that the **treatment** could have been received as **out-patient treatment**. However, we will pay benefits for such treatment as follows:
- if **you** receive **in-patient treatment** and we determine that the **treatment** could have been received as **day-case treatment**, we may treat such **treatment** as **day-case treatment** for the purpose of paying **benefits**
  - if **you** receive **in-patient treatment** or **day-case treatment** and we determine that the **treatment** could have been received as **out-patient treatment**, we may treat such **treatment** as **out-patient treatment** for the purpose of paying **benefits**.
- (k) Despite anything to the contrary in these rules and the Table of **Benefits**, **you** may claim any **benefits** we are required to pay under the **minimum benefit regulations**.
- (l) We will only pay **benefits** for **consultants' fees** for **in-patient treatment** or **day-case treatment** if the **treatment** is provided in a **laya healthcare participating hospital**.
- (m) In the case of a person who was covered under a **health insurance contract** within 13 weeks before their **membership start date**, we will only pay **benefits** for **treatment** received during their additional cover waiting period if **benefits** for the **treatment** would have been payable under that **health insurance contract**. And we will only pay **benefits** for such **treatment** during the additional cover waiting period up to the amount that would have been payable under that **health insurance contract** if the amount is less than would otherwise be payable by us under the **scheme**.
- A person's additional cover waiting period for this purpose shall be:
- the first year following their **membership start date** for benefits under Benefit 5A on page 30
  - the first two years following their **membership start date** for all other **benefits**
- This rule will not restrict cover for **treatment** arising out of any illness, injury or disease which originated after the person's **membership start date**. This rule applies both to a person who becomes a member of the **scheme** for the first time or to anyone changing their **scheme** to a **scheme** which generally provides more extensive cover.
- (n) Subject to **laya healthcare** paying benefits up to the amount required by the **minimum benefit regulations**, **laya healthcare** shall deduct the first €100 in claims from the

benefits payable under the **laya healthcare Total Health Plus** scheme, for each claim for hospital treatment in a **private and Hi Tech hospital**.

## 9. What is not covered under the scheme

### We will not pay benefits for the following

- (a) **Treatment** which a person requires during any waiting period that may apply to the **treatment** under their **scheme**. All waiting periods commence on a person's **membership** and upgrade **start date**.

### There are three waiting periods that apply under the scheme

- the initial waiting period - this applies to any **treatment** that a person may require
- the pre-existing condition waiting period - this only applies to **treatment** which a person requires for a **pre-existing condition**
- the maternity waiting period - this only applies to **treatment** that a person requires for pregnancy or childbirth.

### The initial waiting period is

- the first 26 weeks of membership

### The pre-existing condition waiting period is

- the first five years of membership

### The maternity waiting period applies

- to Benefit 5 on page 30 and applies during the first 52 weeks of membership.

### The above waiting periods will not apply

- to any child of **yours** who becomes a member of the **scheme** within 13 weeks of their birth; or
- to any **treatment** received by a person resulting from an accident or injury which occurred while they were a member of the **scheme** or covered under another **health insurance contract**.

The waiting periods shall be reduced by a person's continuous period of cover (if any) under one or more **health insurance contracts** prior to their **membership start date** if the period of continuous cover ended within 13 weeks of their **membership start date**. (A person's cover shall be treated by us as continuous even if there is a break in cover, but only if the break in cover does not last more than 13 weeks). Please remember that we will not pay benefits for any **treatment** which a person receives while he or she is not a member of the **scheme**.

- (b) **Treatment** directly or indirectly relating from or to do with male or female birth control, infertility or assisted reproduction. This exclusion will not apply to investigations relating to infertility or the approved infertility benefit as outlined in Benefit 5B.
- (c) Any **treatment** including drug therapy, device and procedure, which is experimental and unproven and not recognised as a standard **treatment** in Ireland, UK and Europe.
- (d) **Cosmetic treatment**, except the correction of accidental disfigurement or significant congenital disfigurement or significant disfigurement due to disease.
- (e) **Treatment** where injury or illness is caused by war, civil disobedience or any act of terrorism or chemical, biological or nuclear disaster in **Ireland** or overseas.
- (f) **Treatment** for symptoms which are not due to any underlying disease, illness or injury.
- (g) **Treatment** you receive outside **Ireland**. This exclusion will not apply to **treatment** that you receive in an emergency because of a sudden illness or injury while travelling temporarily outside Ireland or treatment approved as part of **laya healthcare's** medical tourism benefit. But we will only pay those **benefits** and costs described in Benefits 7, 8, 9 and 11 of the Table of **Benefits** (see page 32 and 33). We will not pay **benefits** if any of the following apply to the person who receives the **treatment**:
- if **you** are receiving treatment at the time of travel and/or **you** know before **you** travel that treatment may be required while temporarily overseas

- **you** travelled abroad despite being given medical advice that **you** should not travel abroad
- **you** were told before travelling abroad that **you** were suffering from a terminal illness
- **you** travelled abroad to receive **treatment**
- **you** knew **you** would need the **treatment** before travelling abroad

This exclusion will not apply to treatment that we have agreed **you** may receive in a hospital in the EU and which has been pre-approved by us because the treatment is not available in Ireland.

- conditions arising from deliberately injuring yourself
  - conditions arising from alcohol and drug abuse
  - conditions arising from a psychiatric condition
  - injuries caused during mountaineering, motor competitions and competitive professional sport
  - convalescence or rehabilitation services
  - injuries **you** received while breaking the law
  - pregnancy-related admissions or giving birth after 34 weeks
  - expenses incurred after a member has been discharged from hospital
  - injuries caused by air travel unless **you** are a passenger on a licensed aircraft operated by an airline.
- (h) **Treatment** provided by a **consultant** whom the Irish Medical Council does not recognise as having knowledge and expertise in a specialty relevant to that **treatment**.
- (i) **Treatment** in any hospital or by any registered medical practitioner or therapist to whom we have sent a written notice saying that we no longer recognise them as a **laya healthcare participating hospital**, or **consultant** or **participating therapist**, as the case may be.
- (j) Any dental or orosurgical or orthodontic **treatment** or procedure unless it is a surgical or medical procedure listed in the **schedule of benefits**. But we will pay **benefits** for **out-patient treatment** for dental injuries to the extent shown under Benefit 4.

We will only pay **benefits** for the following **treatment** if **you** get our permission beforehand:

- periodontal mucoperiosteal flap surgery
  - removal of buried teeth (single or multiple)
  - removal of buried or impacted tooth/teeth.
- Please note: emergency or routine dental is not covered overseas.

- (k) Preventive **treatment** such as check-ups or screening, except colon cancer screening provided by a participating hospital. This benefit is paid subject to certain clinical indicators. Please ask us for details. We will also pay for screening to the extent provided for under Benefit 4.
- (l) **Treatment** relating to eating disorders or weight reduction other than anorexia nervosa or bulimia nervosa.
- (m) Convalescence in a nursing home other than a **registered nursing home** under Benefit 6 on page 31.
- (n) Medical reports.
- (o) Any penalty charge in lieu of Health Act contributions.
- (p) Nursery fees.
- (q) Hearing aids, spectacles and contact lenses (except as specified in the Table of **Benefits**), dentures or orthodontic appliances.
- (r) Any **treatment** not specified in the **minimum benefit regulations** or in our **schedule of benefits** unless we agree to include it. This exclusion will not apply to Benefit 7 on page 30.
- (s) Charges for drugs or medication unless provided when an in-patient and as agreed with the hospital.
- (t) **Laya healthcare** will have no obligation to pay otherwise eligible claims where they are submitted in respect of a spouse, parent, child, brother, sister, uncle, aunt, niece, nephew of a consultant, dentist or alternative therapist, general practitioner or any other provider of service.
- (u) Vaccinations other than those specifically covered by **your** plan.

- (v) Long term care in a laya healthcare participating hospital which in the opinion of our medical advisors is in relation to rehabilitation or convalescence.
- (w) Any treatment or provider unless we have specified that we provide full cover.

## 10. Making a claim

- (a) When possible, **you** should tell us about any **treatment you** are going to have. This gives us the chance to tell **you if you** can claim for **benefits**. We may ask **your consultant** or other registered medical practitioner to provide us with full written details of the **treatment**.
- (b) We will not pay **benefits** while **you** are breaking any of the terms of **your** membership.
- (c) **You** should send **your** claims to us as soon as possible. We will only pay **benefits** if we receive all of the following:
  - a written claim within 12 months of the date of any non-**surgical out-patient treatment** and six months of the date of any other **treatment** (unless this was not reasonably possible). **You** must make the claim in the way that we reasonably ask **you**. We may change the procedure for making a claim. If we do change the procedure, we will write and let **you** know.
  - any proof we reasonably need to help us to decide if **you** are entitled to **benefits**.

This can include:

- any medical reports and other information to do with the **treatment** for which **you** are making a claim
- the results of an independent medical examination which we may ask **you** to undergo
- original accounts and invoices for the **benefits you** are claiming
- written confirmation from **you** as to whether or not **you** think **you** can recover the cost of the **benefits** from another person or insurance company
- details of any **health insurance contract**

under which **you** were covered prior to becoming a member of the **scheme**

- original flight/travel tickets which will act as proof of **your** stay outside of Ireland up to but not exceeding 180 days in each calendar year.
- (d) Notwithstanding Section 9(c)1, we shall only pay benefits for out-patient treatment after your renewal date. Claims for out-patient treatment submitted to us prior to your renewal date will not be processed and shall be returned to you.
- (e) In order to process a claim we require a fully completed claim form. If information required to process the claim is incomplete or ambiguous on the claim form, our claims department will follow up with the necessary party to obtain this information.

**Please note: if the required information is not received within six months, the claim will be deemed ineligible for benefit.**

### Appeals

If we decline **your** claim, **you** may appeal in writing or phone to the Claims Appeals Department, laya healthcare, Eastgate Road, Eastgate Business Park, Little Island, Co. Cork, T45 E181. Phone: 1890 700 890.

### Important Note

#### FRAUD POLICY:

- **Laya healthcare** operates a fraud policy in respect of all claims made under our Health Insurance Contract.
- Members should note that regular audits of claims are undertaken by **laya healthcare**.
- In all instances where fraud is suspected in respect of a particular claim, a full and comprehensive investigation will be carried out by us.
- If, following that investigation, a finding of fraud is made or if a claim be deemed in any respect fraudulent, the claim shall be disallowed in its entirety.
- If, after that investigation, a finding of fraud is made, or if a claim is in any respect fraudulent or dishonest and submitted with



a view to obtaining any **benefit** under this policy, all **benefit** under this policy shall be forfeited. For example, overstatement of any medical fees incurred.

- Any member found guilty of submitting a fraudulent claim shall have their health insurance contract suspended with immediate effect.
- All claims of whatever nature being considered under that individual member shall be suspended with immediate effect.
- In addition, if any claim is fraudulent in any respect, **laya healthcare** reserves the right to refer the matter and details of the claim to the appropriate authorities to prosecute the member.

## 11. Changes to the agreement

- (a) We may change any of the terms of **your** membership of **your schemes** each **year** on **your renewal date**. These changes can include, for example, how much **your** subscription will be and how often **you** have to pay it. The changes can also include changes to the **benefits**. We will not add any restrictions or exclusions to **your** cover that are personal and specific to **you** concerning medical conditions that started after **you** joined the **scheme**. Changes will only apply to **you** for the period following the **renewal date** when the change was made. The changes will not apply to the period before the **renewal date**.
- (b) We will write to tell **you** about any of these changes before the **renewal date** on which they are to take effect.
- (c) We can increase or reduce the subscriptions **you** pay at any time if there is an increase or decrease in the rate of tax or any other government or statutory charge or if any new tax or government or statutory charge is introduced which is related to **your** health insurance contract with **laya healthcare**. If we do, we will only increase the subscriptions **you** have to pay to cover the cost to us of the changes in the taxes or charges. We will write to tell **you** before increasing **your** subscription.

- (d) We may make any changes to the terms of **your** membership of the **scheme** and **your** subscriptions at any time if we are required to do so by law. We will write to tell **you** about any such change as soon as is reasonably practical and **you** may end **your** membership of the **scheme** within 14 days of us telling **you** about the change. If, as a consequence, **you** end **your** membership, we will refund any subscriptions that **you** have paid for the period after **your** membership ends.

## 12. General terms and conditions

- (a) **Your** policy and all communication between **you** and us will be in English.
- (b) These terms will be governed by Irish law and all matters to do with the **schemes** will be dealt with by the courts in **Ireland**.
- (c) We will not return any documents **you** send us, unless **you** ask us to do so at the time **you** send them to us.
- (d) Any changes to these terms will only be valid if they are made according to these rules or the Table of **Benefits**, unless we agree any changes with **you** in writing. Nobody else can change **your** terms of membership of the **scheme** on our behalf or decide not to enforce any of our rights.
- (e) If we do not use our legal rights it does not mean we have given them up. We may use them in the future.
- (f) If **you** write to us about anything, **you** must send **your** letter by pre-paid post or deliver it personally to: **Laya healthcare**, Eastgate Road, Eastgate Business Park, Little Island, Co. Cork, T45 E181.

If we change this address, we will write to tell **you** about the change.

We will send any letters to the address **you** last told us about. **You** and we can assume that the letter is received on the day after it has been delivered, if delivered personally, or three days after posting if it was sent by pre-paid post.

- (g) **You** must write and tell us as soon as possible if **you** have claimed **benefits** for any **treatment** which **you** needed because somebody else was at fault.
- (h) **You** should write to tell us if **you** have any other insurance cover for **benefits** that **you** have claimed from us. If **you** do have insurance cover with someone other than **laya healthcare**, we will only pay our share of any **benefits**.
- (i) We will pay **benefits** in accordance with the rules for **treatment** which was due to the fault of someone else.

However, if **you** claim **benefits** for **treatment** which was due to the fault of someone else, **you** must take any steps we may reasonably ask **you** to take to recover the cost of the **benefits** we have paid from the person whose fault it was. **You** must also claim interest if **you** are entitled to interest. **You** must pay us the money (and any interest) that **you** recover from that person up to the amount of the **benefits** we have paid for the **treatment**.

### Third-party Claims

- 1) **Expenses** which **you** are entitled to recover and do in fact recover from another person/legal entity (a Third-Party) are, where **laya healthcare** has already paid out in respect of the **treatment** concerned, required to be refunded to **laya healthcare** on the following basis:
- 2) **Legal Action Proceedings** Where a claim is submitted to **laya healthcare** in respect of **treatment** required as a result of an injury caused through the fault of a Third-Party, and where **you** propose to pursue a legal claim against that Third Party (a Third Party Claim), **laya healthcare** will pay benefit in accordance with these rules provided that **you** (or the subscriber if you are under 18 years of age) complete and sign the standard **laya healthcare** claim form (including the accident section).

**Laya healthcare** will also require **you** to complete and sign the standard **laya healthcare** authorisation letter (the Authorisation Letter) which includes an undertaking

- (i) to incorporate a claim for all **benefits/medical treatment** costs already paid out by **laya healthcare** in any Third Party Claim;
  - (ii) to notify **laya healthcare** that **you** intend to commence or have commenced a Third Party Claim;
  - (iii) to provide **laya healthcare** with full details in writing of the outcome of any Third Party Claim and/or settlement; and
  - (iv) unless otherwise directed by a Court, to deduct from any amount received on foot of a successful Third Party Claim or settlement and refund (or direct your solicitor to refund) to **laya healthcare** directly, an amount equivalent to the **benefits/medical treatment** costs previously paid out by **laya healthcare** in respect of that Third Party Claim.
- 3) **Injuries Board** Where **you** submit a claim to the Injuries Board, **laya healthcare** will pay benefit in accordance with these rules provided that **you** (or the subscriber if you are under 18 years of age) complete in full and sign the standard **laya healthcare** claim form (including the accident section).

The Authorisation Letter provided by **you** authorises **laya healthcare** to provide the Injuries Board with details of all **benefit/medical expenses** paid by **laya healthcare** relating to **your** claim, and requires **you** to provide **laya healthcare** with details of the Injuries Board's assessment. Where the Injuries Board decides that the case would be more appropriately dealt with by the Court, the provisions of Section 2) sub-sections (i) and (ii) will apply and should **you** decide to pursue the claim further through the Courts and/or to appeal a decision of the Injuries Board through the Courts system, **laya healthcare** will continue to rely on the undertakings provided by **you** in the Authorisation Letter.

- 4) **Criminal Injuries Compensation Tribunal Claims** If **you** are pursuing a claim through the Criminal Injuries Compensation Tribunal, **laya healthcare** will pay benefit in accordance with these rules provided that **you** (or the subscriber if you are under 18 years of age) complete in full and sign the standard **laya healthcare** claim form (including the accident section).

The Authorisation Letter provided by **you** requires **you** provide **laya healthcare** with a copy of the written confirmation from the Criminal Injuries Compensation Tribunal. The Authorisation Letter also authorises **laya healthcare** to seek details of any settlement directly from the Criminal Injuries Compensation Tribunal and authorises the Criminal Injuries Compensation Tribunal to release this information to **laya healthcare**.

- 5) **Unsuccessful/Withdrawn Claims** If a Third Party Claim or claim submitted to the Injuries Board or claim pursued through the Criminal Injuries Compensation Tribunal is not successful or is withdrawn, **laya healthcare** will not seek a refund of the benefit/medical expenses paid, provided that **you** arrange for full written details of the case to be supplied by **your** solicitor, outlining to the satisfaction of **laya healthcare** the reasons why the case was unsuccessful or was discontinued.
- 6) **Disclosure** It is **your** responsibility as the member to disclose to **laya healthcare** full details of any action to be taken against a Third-Party in relation to any incident/accident in respect of which **laya healthcare** has paid **benefit**/medical expenses to **you** and to comply with the requirements of the Authorisation Letter provided by **you**.

## Data Protection Statement

**Laya Healthcare Limited** and Elips Insurance Limited act as joint data controllers in relation to information held about **you** for the purposes of the Data Protection Acts. **You** should show this notice to anyone who may be covered by your insurance policy with **laya healthcare**.

We will use the information **you** provide to manage and administer **your** insurance policy, including underwriting and claims handling and for money laundering prevention purposes. In order to provide **you** with products and services, this information will be held in the data systems of **Laya Healthcare Limited** and Elips Insurance Limited or by our agents or subcontractors.

In addition to the routine administration of **your** policy we may also use **your** data to:

- invite **you** to events we are sponsoring
- invite **you** to various events we run exclusively for our **members**
- gauge satisfaction with the service **you** received from us. We may use **your** data in such a manner for a period of 18 months after **your** membership ends
- perform Market research. We may use **your** data in such a manner for a period of 18 months after **your membership** ends

Information may be shared with other insurers for the following purposes (either directly or through people acting for the insurer such as an Investigator):

- where we are entitled to do so under the Data Protection Acts
- in accordance with The Health Insurance Act 1994 (Determination of Relevant Increase under section 7A and Provision of Information under section 7B) Regulations 2014. The purpose of such a transfer is to confirm information that you have provided on taking out a policy with a new insurer
- for the efficient payment of Stamp Duty, payable on your Health Insurance contract under section 125A of the Stamp Duties Consolidation Act 1999.

We may share **your** personal information with hospitals and/or consultants to aid the efficient processing of claims. We may pass contact details of female members aged between 50 and 64 years to the National Breast Screening Programme. If **you** have a problem with this please let us know when **you** contact us.

We may contact you with a reminder that your insurance is due to be renewed. In the interest of customer service, calls are recorded and monitored.

We take our security responsibilities seriously, employing the most appropriate physical and technical measures, including staff training and awareness. We review our security measures and procedures regularly. It may be necessary for us to collect sensitive information (such as medical conditions) about **you** and others named on the insurance policy.

We collect information about **you**, to include all necessary information as **laya healthcare** or

its authorised agents may obtain (or seek from **your** physician or a hospital) in connection with any treatment or other services provided to **you** or **your dependant(s)**. This may include (with respect to any claims under this Policy) copies of hospital/medical records, by which we mean the following in particular:

- records of physical or mental illness or ill-health;
- medical histories;
- records of treatments obtained by **you**;
- length of any stay in a hospital ;
- other treatments or services received by **you** or **your dependant(s)**; and

In general will also include other relevant and pertinent information which we require to administer **your** policy and/or manage, assess or administer any claims thereunder from time to time.

We may use the information about **you** that we hold (both personal and sensitive personal information) for the following purposes:

- for managing and administering your insurance policy
- for underwriting and claims handling
- for money laundering prevention purposes
- to analyse and examine the claims processes and treatment/over-night stay/convalescence options applied/ utilised by medical service providers
- to audit medical service providers generally
- to examine the handling of claims by a medical service provider.

It may be necessary for us to collect sensitive information (such as medical conditions) about **you** and others named on the insurance policy. By going ahead with this insurance you will be agreeing to us or our agents or other insurers processing that information. Before **you** provide sensitive information about others, **you** should make sure they have given their express consent.

Medical information will be kept confidential and may be disclosed, on a strictly confidential basis, to those involved with your treatment or care or their health professional agents. However, anonymised data - that is, information which does not identify an individual - may be used by **laya**

**healthcare**, or disclosed to others, for research or statistical purposes.

Access to non-medical information may be granted by **laya healthcare** to others on a strictly confidential basis in the course of and for the purpose of the efficient administration of **laya healthcare** (for example, in connection with audit, systems development, managing or improving our services).

It is our policy to only take instructions to change a policy from the main member or from company secretaries where the company is administering or contributing to the cost of the scheme. In some cases we may also deal with other people who call on your behalf with your consent.

**Laya healthcare**, would like to keep **you** informed about products and services they provide. If **you** would prefer not to receive this information please contact us. **You** will be given an opportunity to opt-out of receiving such messages and information on each occasion we contact **you** by post, e-mail and sms text message.

**Your** information may also be used for these purposes for a period of 1 year after **your** policy has lapsed. Thereafter we will only contact **you** if **you** expressly request us to do so.

**You have the right to request a copy of the information we hold about you by writing to our Information Protection Manager, at laya healthcare, Eastgate Road, Eastgate Business Park, Little Island, Co Cork, T45 E181. Please review your information and contact us if you wish to make changes.**

## 13. Tax relief

Under current Irish tax legislation **you** are entitled to income tax relief in respect of **your** subscription. Relief is given by us at source which means all our subscriptions are shown net of the applicable rate of income tax.

## 14. Making a complaint

We intend to provide a first-class service to our members at all times. However, if **you** are in any way dissatisfied, please phone or write to: The

Head of Customer Service, **laya healthcare**, Eastgate Road, Eastgate Business Park, Little Island, Co. Cork, T45 E181. Phone: **1890 700 890**

If **you** are not satisfied with our decision or if we haven't given **you** a decision after 40 business days, **you** have the right to refer **your** complaint to the Insurance Ombudsman at: The Financial Services Ombudsman Bureau, 3rd Floor Lincoln House, Lincoln Place, Dublin 2, Phone: 1890 882090.

## Table of benefits for Laya Healthcare Total Health suite schemes

The following Table of Benefits must be read subject to the notes starting on page 33.

### Benefit 1

#### Hospital charges for in-patient treatment, day-case treatment and surgical out-patient treatment (see Note 1 on page 33)

We will pay charges made by **laya healthcare participating hospitals** for providing **in-patient treatment, day-case treatment and surgical out-patient treatment**.

We will pay these charges in full, subject to any excess applicable, for **in-patient treatment** if the person receiving the **in-patient treatment** does so in a **laya healthcare participating hospital** and that hospital's costs for the **in-patient treatment** the person receives are shown in the **laya healthcare** participating hospital list to be fully covered under their **scheme**, or they stay in a public ward in a **public hospital**.

We will pay these charges in full, subject to any excess applicable, for **day-case treatment** if the person receiving the **day-case treatment** does so in **day-case** accommodation in a **laya healthcare participating hospital** and that hospital's costs for the **day-case treatment** the person receives are shown in the **laya healthcare** participating hospital list to be fully covered under

their **scheme**.

We will pay these charges in full, subject to any excess applicable, for **surgical out-patient treatment** if the person receiving the **surgical out-patient treatment** does so in a **laya healthcare participating hospital** and that hospital's costs for the **surgical out-patient treatment** the person receives are shown in the **laya healthcare** participating hospital list to be fully covered under their **scheme**.

If either the **treatment** or the category of the room in which someone stays is not shown to be fully covered under their **scheme** in the **laya healthcare** participating hospital list, we will only pay the charges shown in Note 1 on page 33.

**Laya healthcare** will only pay benefits for drugs prescribed for use by patients while receiving **in-patient treatment, day-case treatment or surgical out-patient treatment**.

Please remember that **laya healthcare** shall deduct €50 or €125 depending on the hospital you choose, from the benefits payable under the Total Health Choice and Total Health Complete scheme, €50 or €175 on Total Health Complete 175 and €100 on the Total Health Plus scheme, for each claim for **hospital charges for treatment** in a **private hospital**. €200 shall be deducted from the benefits payable under the Total Health Choice, Total Health Complete and Total Health Complete 175 schemes and €100 from the benefits payable under the Total Health Plus scheme, for treatment in the Blackrock Clinic, Beacon Hospital or the Mater Private Hospital, in accordance with rule 8(m) on page 11.

### Benefit 2

#### Consultants' fees for in-patient and day-case treatment and consultants' and general medical practitioners' fees for surgical out-patient treatment (see note 2 on page 35)

We will pay consultants' fees for providing **in-patient treatment, day-case treatment and out-patient surgical treatment** in a **laya healthcare** participating hospital.

If a person receives this **treatment** from a **consultant** participating in the **full cover scheme**, we will pay the **consultant's** charges in full in accordance with the terms previously agreed with the **consultant**, which is the amount shown as the full rate in the **schedule of benefits** for the **treatment** they receive.

If they receive the **treatment** from a **consultant** who is not participating in the **full cover scheme**, we will pay the **consultant's** fees for these services in accordance with and up to the amount shown as the standard rate in the **schedule of benefits** for the **treatment** they receive.

We will also pay fees charged by **general medical practitioners** for providing **surgical out-patient treatment** to them in either a **laya healthcare participating hospital's** day surgery facility or in a doctor's surgery. We will pay these fees in accordance with and up to the amount shown as the standard rate in the **schedule of benefits** for the **treatment** they receive.

For members of the Total Health schemes, we will pay benefits under Benefit 2 for **consultants' fees for in-patient, day-case and surgical out-patient treatment** received in **Northern Ireland participating hospitals** in full up to the amounts shown as the participating rate in the **laya healthcare schedule of benefits** for the treatment they receive. We will pay all claims in euro.

## Benefit 3

### Hospital charges and consultants' fees for radiotherapy and chemotherapy out-patient treatment (see Note 2 on page 35)

We will pay the following charges for radiotherapy and chemotherapy **out-patient treatment** which is received by a person in a **hospital**, but only if they are fully covered for **in-patient treatment** or **day-case treatment** at that hospital under their **scheme**:

|    | Benefit   |
|----|---|
| 1  | Fees charged for radiology by <b>consultants</b> participating in the <b>full cover scheme</b>  |
| 2  | Fees charged for pathology by <b>consultants</b>  |
| 3  | <b>Hospital charges</b> or charges by <b>laya healthcare</b> approved laboratory or diagnostic centres for radiology and pathology other than MRI services  |
| 4  | Charges for MRI services provided by a hospital or a <b>laya healthcare</b> approved laboratory or diagnostic centre, that has not been approved by <b>laya healthcare</b> for direct payment for MRI services. These may change from time to time. MRI scans have to be on a general practitioners or Consultant referral. For a full list of our scan centres please visit <a href="http://www.layahealthcare.ie/scans">www.layahealthcare.ie/scans</a> . |
| 5  | <b>Hospital</b> casualty charges  |
| 6  | <b>Consultants' fees</b> for consultations other than in connection with radiology and pathology  |
| 7  | Charges by a <b>participating therapist</b> for homeopathy, Chinese medicine/acupuncture, chiropractic, osteopathy, reflexology (including baby reflexology)  |
| 8  | Charges by <b>GPs</b> other than for routine maternity (See Note 3 (f))   |
| 9  | Charges for screening for cervical cancer and breast examination at a <b>laya healthcare</b> approved centre  |
| 10 | Approved appliances   |
| 11 | Charges for physiotherapy by a <b>participating therapist</b>   |
| 12 | Home nursing by a nurse for a person who is 18 years or over, immediately following in-patient treatment or daycase treatment, if recommended by the consultant providing the treatment (see note 3 (d))  |
| 13 | Emergency dental treatment provided by a dentist for restorative treatment and which immediately follows (i.e. within five days), and is required for, a dental injury caused by an accidental external impact to the mouth   |

### Hospital charges

Full refund (see Note 1 on pages 33)

### Fees charged by consultants participating in the full cover scheme

Full refund in accordance with and up to the amount shown as the full rate in the schedule of benefits for the treatment they receive

**Note 1:** In the cases of chemotherapy, radiotherapy and hemochromatosis carried out in private hospitals listed as fully participating, the excesses of €100 will apply on a per condition, per membership year basis.

## Benefit 4A

(For members of Total Health (No Excess) scheme)

**Hospital charges and Consultants' fees for non surgical out-patient treatment other than for radiotherapy or chemotherapy (see note 3 on page 35)**

We will pay up to the amount shown for the following charges for non-surgical **out-patient treatment** each **year** other than for radiotherapy or chemotherapy.

We will pay these charges according to the **scheme** of which the person receiving the **treatment** is a member subject to the excess and annual limits shown on page 30.

### Important note

The payment of benefits under benefits 4A (1) to 4A (22) inclusive will be made subject to the excesses shown on page 30.

### Total Health (No Excess)

Full refund in accordance with and up to the amount shown as the full rate in the schedule of benefits for Consultants' fees for such treatment.

Up to €20 for each referral.

Full refund.

Full refund.

Up to €20 for each episode.

Up to €51 for each consultation other than to do with maternity, and up to €400 relating to maternity for each pregnancy.

Up to €20 for each visit for 12 visits per therapy each year (other than for reflexology) Up to €20 for each visit to a reflexologist for up to eight visits each year.

Up to €20 for each consultation.

Up to €30 each year.

We will refund up to the amount shown for the appliance on **laya healthcare's** list of approved appliances, some of which require a specific referral letter. Please contact us for details.

Up to €20 for each visit for 25 visits per year.

Up to €40 for each day and up to a maximum of 40 days each year.

Up to €510 for each accident.

|           | <b>Benefit</b>  |
|-----------|---|
| <b>14</b> | Charges for blood tests for prostate cancer screening at <b>laya healthcare</b> approved centres  |
| <b>15</b> | Charges for routine dental treatments   |
| <b>16</b> | Charges by a <b>participating therapist</b> for chiropody/podiatry and occupational therapy   |
| <b>17</b> | Speech and language therapy (on GP or Consultant referral)  |
| <b>18</b> | Charges by a <b>participating therapist</b> for dietetic advice   |
| <b>19</b> | Occupational assessments (hearing and optician visits). An eye test must be carried out by a practitioner (Fellow of the Association of Optometrists of Ireland (FAOI)), and/or the cost of glasses and/or the cost of contact lenses |
| <b>20</b> | Charges by a <b>participating therapist</b> for physical therapy  |
| <b>21</b> | Charges for adult counselling by a <b>clinical psychologist</b> (for anybody aged over the age of 18 at their last renewal date)  |
| <b>22</b> | Dean Clinics out-patient Mental Health Consultations  |
| <b>23</b> | Lois Bridges out-patient Mental Health Consultations  |

**The Following charges will not be subject to the excesses shown overleaf**

|           |   |
|-----------|---|
| <b>24</b> | Charges for MRI services provided by a hospital or a <b>laya healthcare</b> approved laboratory or diagnostic centre that has been approved by <b>laya healthcare</b> for direct payment for MRI services. These may change from time to time. For a full list of our scan centres please visit <a href="http://www.layahealthcare.ie/scans">www.layahealthcare.ie/scans</a>              |
| <b>25</b> | Charges for CT services provided by a hospital or a <b>laya healthcare</b> approved laboratory or diagnostic centre, that has been approved by <b>laya healthcare</b> for direct payment for CT services. These may change from time to time. For a full list of our scan centres please visit <a href="http://www.layahealthcare.ie/scans">www.layahealthcare.ie/scans</a>               |
| <b>26</b> | Charges for PET services provided by a hospital or a <b>laya healthcare</b> approved laboratory or diagnostic centre that has been approved by <b>laya healthcare</b> for direct payment for PET services. These may change from time to time. For a full list of our scan centres please visit <a href="http://www.layahealthcare.ie/scans">www.layahealthcare.ie/scans</a>              |
| <b>27</b> | Home nursing by a nurse for a child under 18 years of age immediately following in-patient treatment of not less than five continuous days, if recommended by the consultant providing the treatment (see note 3(d))  |
| <b>28</b> | Breast prosthesis   |
| <b>29</b> | Hairpiece   |
| <b>30</b> | Charges by a <b>participating therapist</b> for manual lymph drainage   |
| <b>31</b> | Accommodation assistance grant for cancer patients travelling to a <b>laya healthcare</b> participating hospital or treatment centre for out-patient radiotherapy or chemotherapy treatment   |
| <b>32</b> | Charges for DEXA services provided by a hospital or a <b>laya healthcare</b> approved laboratory or diagnostic centre, that has been approved by <b>laya healthcare</b> for direct payment for DEXA services. These may change from time to time. For a full list of our scan centres please visit <a href="http://www.layahealthcare.ie/scans">www.layahealthcare.ie/scans</a>           |
| <b>33</b> | Charges for mammogram services provided by a hospital or a <b>laya healthcare</b> approved laboratory or diagnostic centre, that has been approved by <b>laya healthcare</b> for direct payment for mammogram services. These may change from time to time. For a full list of our scan centres please visit <a href="http://www.layahealthcare.ie/scans">www.layahealthcare.ie/scans</a> |
| <b>34</b> | Charges for a <b>laya healthcare</b> approved HeartBeat cardiac screen for all members aged 12 or over by a <b>laya healthcare</b> approved provider.   |



### Total Health (No Excess)

Up to €20 each year.

Up to €25 each year.

Up to €20 for each consultation for up to a maximum of five consultations per therapy each year.

Up to €20 for each consultation for up to a maximum of eight consultations each year.

Up to €20 for each consultation for up to a maximum of five consultations each year.

Up to €60 per year.

Up to €20 for each visit up to a maximum of eight visits each year.

Up to €20 for each visit up to a maximum of eight visits each year.

Up to €50 for each visit up to 12 visits per year

Up to €50 for each visit, on receipts up to €288, up to 12 visits per year

Full refund.

Full refund.

Full refund.

Up to €100 for each day up to a maximum of 28 days each year.

Full refund for the first prosthesis following receipt of an in-patient claim. Subsequent prosthesis will be assessed in accordance with our appliance list (please ask for details). A GP/consultant report will be required if **laya healthcare** have no details of inpatient treatment.

Full refund for one hairpiece per year following cancer treatment.

Up to €500 each year following cancer treatment

Up to €100 for each day of treatment travelling a minimum of 40 miles to the treatment centre.

Full refund.

Full refund.

100% cover for each screen up to a maximum of one visit every two years effective on new policies or policies that renew on or after the 14th May 2012.

## Excess and overall annual limits

### (For members of the Total Health (No Excess))

We will pay valid claims for fees and charges covered under Benefit 4A for treatment that you and your dependants receive each year up to your overall annual limit with the exception of your excess. (Please note that your overall annual limit and excess, which applies to you and your dependants together, depends on which scheme you are a member of and not which scheme your dependants are members of).

### Total Health (No Excess) members

If you are a member of the Total Health (No Excess) scheme, your overall annual limit shall be €6,400 a year in aggregate (per individual member). Your excess shall be the first €440 of valid claims in aggregate for treatment that you and your dependants receive each year, if you have dependants, or the first €220 of valid claims for treatment that you receive each year if you have no dependants.

### Special note for Benefits 4A(1), 4A(2), 4A(3) and 4A(4)

We will pay valid claims for fees and charges for treatment covered under Benefits 4A(1), 4A(2), 4A(3) and 4A(4) up to an overall annual limit for all such fees and charges combined for such treatment each year of €1,650.66 (if you have dependants) and €825.33 (if you have no dependants) with the exception of your excess for such fees and charges. Your excess shall be the first €380.92 of valid claims in aggregate for such treatment that you and your dependants receive each year if you have dependants, or the first €190.46 of valid claims in aggregate for such treatment each year if you have no dependants. The payment of any benefits under benefit 4A(1), 4A(2), 4A(3) and 4A(4) will count towards your overall annual limit under Benefit 4A.

A valid claim means a claim for payment of fees and charges covered by Benefit 4A of not more than the amount shown in the Table of Benefits

as payable by laya healthcare for those fees and charges.

| Benefit |  |
|---------|--|
| 1       | Fees charged for radiology by <b>consultants</b> participating in the <b>full cover scheme</b>   |
| 2       | Fees charged for pathology by <b>consultants</b>   |
| 3       | <b>Hospital charges</b> or charges by <b>laya healthcare</b> approved laboratory or diagnostic centres for radiology and pathology other than MRI services   |
| 4       | Charges for MRI services provided by a hospital or a <b>laya healthcare</b> approved laboratory or diagnostic centre that has not been approved by <b>laya healthcare</b> for direct payment for MRI services. These may change from time to time. MRI scans have to be on a general practitioner's or <b>consultant's</b> referral. For a full list of our scan centres please visit <a href="http://www.layahealthcare.ie/scans">www.layahealthcare.ie/scans</a> |
| 5       | <b>Hospital casualty charges</b>   |
| 6       | <b>Consultants' fees</b> for consultations other than in connection with radiology and pathology   |
| 7       | Charges by a participating therapist for homeopathy, Chinese medicine/acupuncture, chiropractic, osteopathy, reflexology (including baby reflexology)  |
| 8       | Charges by <b>GPs</b> other than for routine maternity (See Note 3 (f))  |
| 9       | Charges for screening for cervical cancer and breast examination at a <b>laya healthcare</b> approved centre   |

## Important Note

Please note that out-patient receipts will not be returned following assessment of your claim. Please retain copies of your receipts prior to submission, if you require these. We have confirmed with the Revenue Commissioners that the statement of your claims which we will send to you once we have assessed your outpatient claim may be used to claim tax relief on expenses that are not paid by us. Simply send this statement to the Revenue Commissioners with a Med 1 form, which is available on [www.revenue.ie/forms/med1.pdf](http://www.revenue.ie/forms/med1.pdf). There is no longer a need for you to send your original receipts to the Revenue Commissioners to claim tax relief.

## Benefit 4B

(For members of the Total Health Choice, Total Health Complete, Total Health Complete 175, Total Health Plus and Total Health Select schemes)

### Hospital charges and consultants' fees for non-surgical out-patient treatment other than for radiotherapy or chemotherapy (see Note 3 on page 35)

We will pay up to the amount shown for the following charges for non-surgical, **out-patient treatment** each **year** other than for radiotherapy or chemotherapy.

We will pay these charges according to the **scheme** of which the person receiving the treatment is a member, subject to the excess and annual limits shown.

#### Total Health Choice/Total Health Complete /Total Health Complete 175 Total Health Plus | Total Health Select\*

50% of the charges or the amount shown as the standard rate in the schedule of benefits for consultants' fees for such treatment, whichever is higher.

50% of the charges or €20, whichever is higher.

50% of the charges or the amount prescribed in the minimum benefit regulations (being €7.62 for pathology and €19.05 for radiology plus €76.18 for CT,) whichever is the higher.

50% of the charges or the amount prescribed in the minimum benefit regulations, whichever is higher.

50% of charges up to €50 per visit.

50% of the charges for each consultation other than to do with maternity and 75% for members of the Total Health Select scheme. Up to €400 for Total Health Choice, €400 for Total Health Complete and Total Health Complete 175, €400 for Total Health Plus and €500 for Total Health Select relating to maternity for each pregnancy.

50% of the charges for each visit for up to 12 visits per therapy (other than for reflexology). 50% of the charges for each visit to a reflexologist for up to eight visits each year.

50% of the charges for each consultation and 75% of the charges for each consultation on the Total Health Select scheme.

50% of the charges.

| Benefit |  |
|---------|--|
| 10      | Approved appliances  |
| 11      | Charges for physiotherapy by a <b>participating therapist</b>  |
| 12      | Home nursing by a nurse for a person who is 18 years or over, immediately following inpatient treatment or day-case treatment, if recommended by the <b>consultant</b> providing the treatment (see note 3(d))   |
| 13      | Charges for physical therapy by a <b>participating therapist</b>   |
| 14      | Child Health Care Support Benefit: we will pay up to €250 for a child aged under 18 years of age, who has been in hospital for treatment for more than three consecutive days for the following treatments, provided they are incurred within three months of discharge (This benefit is not available on the Total Health Choice, Total Health Complete and Total Health Complete 175 schemes)  |
| 15      | Emergency dental treatment provided by a dentist for restorative treatment and which immediately follows (i.e. within five days) and is required for, a dental injury caused by an accidental external impact to the mouth   |
| 16      | Charges for blood tests for prostate cancer screening at <b>laya healthcare</b> approved centres   |
| 17      | Charges for routine dental treatment   |
| 18      | Charges by a <b>participating therapist</b> for speech and language therapy (on GP or consultant referral).  |
| 19      | Charges by a <b>participating therapist</b> for chiropody/podiatry and dietetic advice   |
| 20      | Fee for an eye test carried out by a practitioner with the FAOI (Fellow of the Association of Optometrists Ireland) qualification and/or the cost of glasses and/or the cost of contact lenses   |
| 21      | Fee for a hearing test   |
| 22      | Charges for a <b>laya healthcare</b> approved executive health check at a <b>laya healthcare</b> approved screening centre.  |
| 23      | Counselling for a child under 18 years of age by a <b>participating therapist</b>  |
| 24      | Charges for MRI services provided by a hospital or a <b>laya healthcare</b> approved laboratory or diagnostic centre that has been approved by <b>laya healthcare</b> for direct payment for MRI services. These may change from time to time. MRI scans have to be on a general practitioners or consultant referral. For a full list of our scan centres please visit <a href="http://www.layahealthcare.ie/scans">www.layahealthcare.ie/scans</a> |
| 25      | Occupational therapy   |
| 26      | Home nursing by a nurse for a child under 18 years of age immediately following in-patient treatment of not less than five continuous days, if recommended by the consultant providing the treatment (see note 3(d))   |
| 27      | Breast prosthesis  |

**Total Health Choice/Total Health Complete /Total Health Complete 175  
Total Health Plus | Total Health Select\***

We will refund up to 50% of the amount shown for the appliance on **laya healthcare's** list of approved appliances, some of which require a specific referral letter. Please contact us for details.

50% of the charges for 25 visits per year.

50% of the charges up to a maximum of €950, 50% charges up to a maximum of €850 on Total Health Complete and Total Health Complete 175 or €1,400 on the Total Health Select scheme.

50% refund on up to eight visits each year.

- G.P. and consultant fees
- charges for acupuncture/Chinese medicine, chiropractic, homeopathy and osteopathy by a participating therapist up to a maximum of 12 visits.
- radiology and pathology charges
- charges for reflexology by a participating therapist up to a maximum of eight visits
- charges for physiotherapy by a participating therapist up to a maximum of 25 visits.
- charges for child counselling by a participating therapist up to a maximum of eight visits
- charges for speech therapy by a participating therapist up to a maximum of eight visits
- dietician charges by a participating therapist up to a maximum of five visits
- occupational therapist charges by a participating therapist up to a maximum of five visits.

50% of charges up to a maximum of €300 on Total Health Choice, Total Health Complete, Total Health Complete 175 and Total Health Plus schemes and up to a maximum of €510 on Total Health Select for each accident.

50% of the charges for such tests.

50% of the charges up to a maximum of €300 for Total Health Plus and up to €500 on Total Health Choice, Total Health Complete, Total Health Complete 175 and Total Health Select.

50% of the charges for up to a maximum of eight consultations, plus 50% refund on 1 assessment, if billed, up to a maximum of €60 per year.

50% of the charges for each consultation up to a maximum of five consultations by each therapist per year.

50% of the charges for visits up to a maximum of €150.

50% of the charge up to a maximum of €40 each year.

50% of the charge for each screening up to a maximum of one visit every two years. A list of approved centres is available on request.

50% of the charges up to a maximum of eight consultations, plus 50% refund on one assessment, if billed, up to a maximum of €60 per year.

Full refund

50% of the charges for five consultations a year, plus 50% refund on one assessment, if billed, up to a maximum of €60 per year.

50% of the charges up to a maximum of €2,800 in total each year.

Full refund for the first prosthesis following receipt of an in-patient claim. Subsequent prosthesis will be assessed in accordance with our appliance list (please ask for details). A GP/ consultant report will be required if **laya healthcare** have no details of in-patient treatment.

Note: 75% back on GP and Consultant visits on Total Health Select or 75% if you spend over €630 in the year on all other out-patient receipts subject to the minimum and maximum limits.

| Benefit |   |
|---------|---|
| 28      | Hairpiece   |
| 29      | Charges for CT services provided by a hospital or a <b>laya healthcare</b> approved laboratory or diagnostic centre, that has been approved by <b>laya healthcare</b> for direct payment for CT services. These may change from time to time. For a full list of our scan centres please visit <a href="http://www.layahealthcare.ie/scans">www.layahealthcare.ie/scans</a>               |
| 30      | Charges by a <b>participating therapist</b> for manual lymph drainage   |
| 31      | Accommodation assistance grant for cancer patients travelling to a <b>laya healthcare</b> participating hospital or treatment centre for out-patient radiotherapy or chemotherapy treatment   |
| 32      | Charges for PET services provided by a hospital or a <b>laya healthcare</b> approved laboratory or diagnostic centre, that has been approved by <b>laya healthcare</b> for direct payment for PET services. These may change from time to time. Please ask us for details   |
| 33      | Charges for DEXA Scan services provided by a hospital or a <b>laya healthcare</b> approved laboratory or diagnostic centre, that has been approved by <b>laya healthcare</b> for direct payment for DEXA Scan services. These may change from time to time. For a full list of our scan centres please visit <a href="http://www.layahealthcare.ie/scans">www.layahealthcare.ie/scans</a> |
| 34      | Charges for a <b>laya healthcare</b> approved sports health screen at a <b>laya healthcare</b> approved screening centre  |
| 35      | Travel vaccinations provided by a <b>GP</b> or <b>consultant</b>  |
| 36      | Charges for Mammogram services provided by a hospital or a <b>laya healthcare</b> approved laboratory or diagnostic centre, that has been approved by <b>laya healthcare</b> for direct payment for Mammogram services. these may change from time to time. For a full list of our scan centres please visit <a href="http://www.layahealthcare.ie/scans">www.layahealthcare.ie/scans</a> |
| 37      | Charges for orthoptic visits by a <b>participating therapist</b>  |
| 38      | Parent Travel and Accommodation benefit: we will pay up to €105 per night up to 14 nights per admission for the cost of accommodation and travel for a parent/guardian accompanying a child during an in-patient stay   |
| 39      | Charges for adult counselling by a <b>clinical psychologist</b> (for any persons aged over the age of 18 at their last renewal date).   |
| 40      | Charges for a <b>laya healthcare</b> approved HeartBeat cardiac screen for all members aged 12 or over by a <b>laya healthcare</b> approved provider.   |
| 41      | Dean Clinics out-patient Mental Health Consultations  |
| 42      | Lois Bridges out-patient Mental Health Consultations  |

\* On the Total Health Select you will get 75% if you spend over €630 in the year on all outpatient receipts subject to the minimum and maximum limits.

**Total Health Choice/Total Health Complete /Total Health Complete 175  
Total Health Plus | Total Health Select\***

Full refund for one hairpiece per year following cancer treatment.

Full refund

Up to €500 each year following cancer treatment.

Up to €100 for each day of treatment travelling a minimum of 40 miles to the treatment centre.

Full refund

Full refund

50% of the charges for each screen up to a maximum of one visit every two years

50% of the charge up to a maximum of €60 each year.

Full refund

50% of the charges up to a maximum of eight visits each year.

- We will pay this benefit if the child is under 14 years of age at their last renewal date during the child's hospital admission.
- No benefit is payable for the first three days in-patient stay.
- We will pay this benefit for up to 14 days per child per admission.
- The benefit is only payable where the child has received medically necessary treatment that is eligible for **laya healthcare** benefit and has an in-patient stay for more than three days.
- Accommodation costs are limited to a hotel, B&B, hostel or hospital. There is no benefit towards the cost of food.
- Travel costs are limited to public transport, taxi, hackney or car parking costs.
- Only claims accompanied by dated receipts on headed paper are eligible for benefit.
- Benefit will be paid directly to the member of **laya healthcare**.

50% of charges up to €40 up to a maximum of eight visits per year.

100% cover for each screen up to a maximum of one visit every two years effective on new policies or policies that renew on or after the 14th May 2012.

50% of the charges up to a maximum of 12 visits

50% of the costs, on receipts up to €288, up to 12 visits

## Excess and overall annual limits

(for members of Total Health Choice, Total Health Complete, Total Health Complete 175, Total Health Plus and Total Health Select)

We will pay valid claims for fees and charges covered under Benefit 4B for treatment that you and your dependants receive each year up to your overall annual limit. Your overall annual limit shall be €7,650 a year in aggregate. This is the maximum amount of benefits payable to you and your dependants under Benefit 4B see page 25. Your excess shall be €1 of valid claims for treatment that you receive each year.

### Special note for Benefits 4(1), 4(2), 4(3) and 4(4)

We will pay valid claims for fees and charges for treatment covered under benefits 4(1), 4(2), 4(3) and 4(4) up to an overall annual limit for all such fees and charges combined for such treatment each year of €1,650.66 (if you have dependants) and €825.33 (if you have no dependants).

A valid claim means a claim for payment of fees and charges covered by benefit 4B of not more than the amount shown in the Table of Benefits as payable by **laya healthcare** for those fees and charges.

### Important Note

Please note that out-patient receipts will not be returned following assessment of your claim. Please retain copies of your receipts prior to submission, if you require these. We have confirmed with the Revenue Commissioners that the statement of your claims which we will send to you once we have assessed your outpatient claim may be used to claim tax relief on expenses that are not paid by us. Simply send this statement to the Revenue Commissioners with a Med 1 form, which is available on [www.revenue.ie/forms/med1.pdf](http://www.revenue.ie/forms/med1.pdf). There is no longer a need for you to send your original receipts to the Revenue Commissioners to claim tax relief.

## Benefit 5(A)

### Maternity benefit

- (a) For each delivery in a **hospital** we will pay the **hospital** charges for up to three nights, accommodation in semi-private or private accommodation up to a maximum value of:
- €3,500 in respect of a person who is a member of Total Health (No Excess), Total Health Choice, Total Health Complete, Total Health Complete 175, Total Health Plus and Total Health Select schemes.

We will also pay **consultants'** fees for **consultants'** services provided in respect of a delivery in a **hospital** up to the amounts specified for those services in the **schedule of benefits**, subject to the overall maximum amount payable. The overall maximum amount payable by **laya healthcare** for services provided by **consultants** in respect of a delivery in **hospital** is €774 in total. This is the total amount payable overall and not the total amount payable for each **consultant** or service. These **benefits** are payable in lieu of any **benefits** payable under Benefit 1 and 2.

- (b) We will pay benefit up to a maximum of €3,500 in respect of a person who is a member of Total Health (No Excess), Total Health Choice, Total Health Complete, Total Health Complete 175, Total Health Plus and Total Health Select schemes on receipt of invoices and a signed claim form from a midwife registered with An Bord Altranis/GP for a normal delivery at home with **your** GP's or consultant's approval.
- (c) If you stay in hospital for only two nights we will pay the charges for home nursing by a nurse (incurred within three months after your delivery) up to the following amounts provided the combined total for hospital accommodation and home nursing does not exceed the amount specified at (a) above:
- €600 in respect of a person who is a member of the Total Health Choice, Total Health Complete, Total Health Complete 175 and Total Health Plus schemes.
  - €650 in respect of a person who is a



member of the Total Health Select scheme.

- No cover for this benefit on the Total Health No Excess scheme
- (d) If you stay in hospital for only one night we will pay the charges for home nursing by a nurse (incurred within three months after your delivery) up to the following amounts, provided the combined total for hospital accommodation and home nursing does not exceed the amount specified at (a):
- €1200 in respect of a person who is a member of the Total Health Choice, Total Health Complete, Total Health Complete 175 and Total Health Plus schemes scheme
  - €1300 in respect of a person who is a member of the Total Health Select scheme
  - No cover for this benefit on the Total Health No Excess Scheme.
- (e) In addition to the above, for people covered under the Total Health (No Excess), Total Health Choice, Total Health Complete, Total Health Complete 175 and Total Health Plus schemes we will pay €275 and €385 for members of the Total Health Select scheme, for charges for the following treatments, provided they are incurred within three months after the delivery or two months before the birth:
- GP fees
  - approved complementary therapists' fees
  - the cost of one dental examination
  - the cost of one optical test carried out by a practitioner with the qualification FAOI
  - charges for physiotherapy by a **participating therapist**
  - charges for chiropody by a **participating therapist**
  - nutritionist services provided by a member of the Irish Nutrition and Dietetic Institute
  - counselling by a **participating therapist** for postnatal depression
  - midwifery services provided by a qualified **midwife**. Prenatal classes provided by a qualified midwife three months prior to the birth of the baby
  - up to €39 for a maternity bra

- up to €100 towards infant massage classes carried out by a **participating therapist**
- breastfeeding consultancy up to €30 per visit for a maximum of two visits.

Benefits for a caesarean delivery are payable in accordance with Benefits 1 and 2.

## Benefit 5B

### Infertility benefits (Total Health Choice, Total Health Complete, Total Health Complete 175 and Total Health Select Members only)

We will pay up to €1,000 of benefit per female recipient per lifetime towards Intra Uterine Insemination (IUI), In Vitro Fertilisation (IVF) and Intracytoplasmic Sperm Injection (ICSI) only in any Fertility Clinic accredited by the Irish Medicines Board and listed as a laya healthcare recognised clinic, at the time you receive your treatment. These can change from time to time so please call us before having your treatment.

### The following waiting periods apply for infertility

- the first 52 weeks of membership for those who join on or after August 1st 2009
- the first 52 weeks of membership for existing members that transfer or change between schemes to avail of this benefit on or after September 1st 2009
- the first 52 weeks for existing members on the schemes that have this benefit. The waiting period shall be reduced by a person's continuous period of cover (if any) on that scheme.

## Benefit 6

### Convalescence (which is not in-patient treatment in a registered nursing home)

We will pay nursing home fees for up to 14 days convalescence which is not **in-patient treatment** in a **registered nursing home** following in-

**patient treatment**, but only if the stay is solely for medical reasons connected with the **in-patient treatment** and a **consultant** confirms this to us in writing.

For members of the Total Health (No Excess) and Total Health Plus schemes we will pay each day up to €60.

For members of the Total Health Choice scheme we will pay €55 each day and €70 per day on the Total Health Select scheme.

For members of the Total Health Complete and Total Health Complete 175 scheme we will pay €50 each day.

We will only pay **benefits** if the convalescence follows **in-patient treatment** for which **benefits** were payable by us under the **scheme**.

## Benefit 7

### Treatment in the EU

Benefits are also payable for **in-patient treatment** received at a **hospital in the EU** which is certified by **laya healthcare's** Medical Adviser as unavailable in **Ireland** provided that such **treatment** is arranged by **laya healthcare** and the hospital is pre-approved by **laya healthcare**. This benefit needs to go through Consultant Connections.

## Benefit 8

### Emergency overseas cover

We will pay benefits for **in-patient treatment** up to an overall amount in total of €100,000 for each episode of illness or injury for treatment received outside **Ireland** by **you** or **your** dependants in an emergency because of a sudden illness or injury while travelling temporarily outside **Ireland**. This limit applies to each episode of illness or injury.

An episode means a continuous period of illness or injury. Periods of illness separated by less than 28 days shall be treated as continuous.

We will also pay up to €2,000,000 towards the cost of medically evacuating a person to the nearest medically appropriate country or repatriating to **Ireland** (whichever is nearer) to receive treatment for which they are covered under the scheme if whilst travelling abroad they need the treatment in a medical emergency and the treatment is not available in the country in which they are travelling. This limit will apply to each person per year.

In such circumstances we will also pay up to €1,000 towards the reasonable cost of evacuating to the nearest appropriate country or repatriating to Ireland, any one relative or companion who was travelling with them at the time.

We will only pay the costs of repatriation or evacuation which is arranged by a **laya healthcare** approved overseas provider. This company can be contacted on +353 21 422 2204.

If a case is being managed by **laya healthcare's** approved overseas provider the member must indicate at the outset whether they hold separate travel insurance in respect of their trip abroad. **You** must notify **laya healthcare** in writing if **you** wish to instigate any action against a third party following an accident abroad. Please refer to the third party section of this booklet.

**Your** membership of the scheme will end immediately if **you** stop living in Ireland for a consecutive six month period.

## Benefit 9

### Medical tourism - giving you a choice

**Laya healthcare** will, subject to pre-authorisation, provide cover for medically necessary surgical procedures in the EU. The level of **benefit** will be limited to the maximum of the **benefit** that would have been paid in respect of the same surgical procedures, including **consultant** fees, in **Ireland**, and to a maximum level of cover **your** plan allows or lesser amount if the overseas cost is less. The **benefit** is subject to **laya healthcare's** normal rules and exclusions. Waiting periods and pre-existing condition waiting periods will apply.

You must contact us beforehand so that we can advise you on the steps involved in approving your treatment

## Benefit 10 CareOnCall

### Nurseline (1850 923 500)

The benefit is available to all **laya healthcare** members. The service is open 24 hours a day, 365 days a year and provides advice and reassurance of a member's health concern. This is not an emergency service nor can it be used for concerns regarding pregnancy. In an emergency you should always contact your own GP or the emergency services so as not to delay any necessary treatment. This is a benefit for charges for a 24 hour confidential Nurseline telephone consultation service provided by a **laya healthcare** approved service provider.

### GPLine (1890 907 647)

The benefit is available to all members. The service is open 24 hours a day, 365 days a year and provides advice and reassurance of a member's health concern. Calls will be answered by a trained operator who will take some details and arrange for a GP to call you back at a time that suits you. If there are symptoms which require a physical examination or a prescription is needed, then you may still need to visit your GP. This is not an emergency service nor can it be used for concerns regarding pregnancy. In an emergency you should always contact your own GP or the emergency services so as not to delay any necessary treatment. The GP telephone consultation service is not intended to replace the personal care offered by your own doctor and cannot be used to obtain referral for treatment. This service is provided via a LoCall number to UK-based, qualified, experienced, practising general practitioners under the jurisdiction of the Irish Medical Council and the UK Courts. This is a benefit for charges for a 24 hour confidential GP telephone consultation service provided by a **laya healthcare** approved service provider.

### Physioline (1890 904 079)

The benefit is available on selected schemes. The service is open from 08:00- 19:00 Monday to Saturday. Calls will be answered by a trained operator who will take some details and arrange for a chartered physiotherapist to call you back at a time that suits you. The physiotherapy telephone consultation service is an advice line and is not intended to replace the personal care offered by your own physiotherapist. This is not an emergency service. This service is provided via a LoCall number to a Republic of Ireland based, qualified, and experienced chartered physiotherapists under the jurisdiction of the Irish Society of Chartered Physiotherapist and Irish Courts. Please refer to your table of benefits for cover details on your selected plan. This is a benefit for charges for a confidential physiotherapist telephone consultation service provided by a **laya healthcare** approved service provider.

### GPLive and prescription service

**Laya healthcare** is now offering a benefit for charges for an online GP consultation and prescription service provided by WebDoctor, a **laya healthcare** approved service provider. The benefit is available on selected schemes where a number of consultations will be available.

This is a confidential service; appointments can be made online through a newly developed website [www.careoncall.ie](http://www.careoncall.ie) and/or through a CareOnCall app. Webdoctor GPs are working and living in Ireland and are registered with the Irish Medical Council. Through the prescription service, WebDoctor GPs can provide prescriptions for a range of medical conditions. Please refer to your table of benefits for cover details on your selected plan. This is not an emergency service. In an emergency you should always contact your own GP or the emergency services so as not to delay any necessary treatment.

## Benefit 11

### EU treatment guarantee

If **you** are waiting for more than three months for a surgical procedure covered under **your** scheme, **laya healthcare** will arrange the procedure for **you**. This procedure may be undertaken in **Ireland** or another country and a different consultant may be used. **Laya healthcare** will pay for the procedure up to the level of cover available on **your** scheme. If **your** procedure is undertaken in a facility that is not covered under **your** scheme, **you** may be liable for shortfalls.

## Benefit 12

### Consultant Connections

The **laya healthcare** Consultant Connections benefit offers members with certain serious illnesses access to a review of their medical case by an international specialist. A list of serious illnesses considered for referral is available on request.

Any benefit payable under the Consultant Connections benefit is subject to the terms and conditions of **your** scheme rules.

Should **you** wish to avail of this benefit please contact us on 1890 700 890.

## Note 1

We will pay benefits under Benefits (i) and (iii) as follows, if the hospital charges for **treatment** are not shown in the **laya healthcare participating hospital list** to be fully covered under the member's chosen scheme.

We will only pay **benefits** if the convalescence follows **in-patient treatment** for which **benefits** were payable by us under the **scheme**.

### (i) Treatment received by Total Health members at the Mater Private Hospital, Beacon Hospital or the Blackrock Clinic.

If a person who is a member of the Total Health schemes receives **in-patient treatment** at the Mater Private Hospital, Beacon Hospital or the Blackrock Clinic we will refund the Hospital charges covered under Benefit 1 in full less €100 excess for Total Health Plus members per claim plus an additional €175 shortfall per night for Total Health (No Excess) and Total Health Plus members for treatment received in these Hi Tech hospitals.

If a person who is a member of the Total Health Choice, Total Health Complete and Total Health Complete 175 scheme receives in-patient treatment at the Mater Private Hospital, Beacon Hospital or Blackrock Clinic we will refund the Hospital charges covered under Benefit 1 in full less €200 excess per claim and an additional €195 shortfall per night, a shortfall of €175 per night will apply for Total Health Select members.

We reserve the right to change these amounts by up to 20% on an annual basis. The above amounts are effective from September 1st 2009.

If the person receives **day-case treatment** or **surgical out-patient treatment** at these hospitals we will refund the charges covered under Benefit 1 in full for such charges less €100 for each claim for Total Health Plus members.

### (ii) Northern Ireland

Notwithstanding Rule 9(g) on page 12, for Total Health scheme members, **laya healthcare** will pay hospital charges covered under Benefit 1 in full for **in-patient, day-case or surgical out-patient treatment** received at the following hospitals in Northern Ireland:

- Altnagelvin, Derry
- Daisy Hill, Newry
- Royal Victoria Hospital, Belfast

We will pay hospital charges less €50 per night for Total Health (No Excess) and Total Health Plus. Total Health Choice, Total Health Complete and Total Health Complete 175 members will pay hospital charges less €175 per night if the treatment received in a private room in one of the hospitals listed below. We reserve the right

to change these amounts by up to 20% on an annual basis. The above amounts are effective from September 1st 2009. Please note that **laya healthcare** shall also deduct €100 from the **benefits** payable for each claim for Total Health Plus, €125 from the benefits payable for each claim for Total Health Choice and Total Health Complete members and €175 from the benefits payable for each claim for Total Health Complete 175 members for **treatment** in the following Northern Ireland hospitals:

- The North West Independent Hospital, Derry
- The Ulster Independent Hospital, Belfast

### (iii) Minimum benefit Regulations

Despite anything to the contrary in the rules and Table of Benefits of the **scheme**, **you** may claim any **benefits** we are required to pay under the **minimum benefit regulations**.

### (iv) Mater Private Hospital, the Beacon Hospital, Galway Clinic and Blackrock Clinic

We will provide a full refund for **hospital** charges for **treatment** received in the Mater Private Hospital, the Blackrock Clinic, Dublin, and the Beacon Hospital, Dublin, for certain types of specialist cardiac surgery under the Total Health schemes (we may change these **hospitals** for this benefit from time to time. Please ask for details). A list of the specialist cardiac surgery for which we will pay **benefits** in full at these hospitals is available on request.

### (v) Cahercalla Hospital, Ennis; Park West Clinic, Dublin 12 and Cork Clinic, Cork\*

We will only pay benefits for **day-case and surgical out-patient treatment** at these hospitals. We will not pay for other types of **treatment** at these **hospitals**.

\* Please contact us prior to admission to the Cork Clinic to ensure your treatment is covered.

### (vi) St. Francis', Mullingar, and Kingsbridge Private Hospital, Sligo

We will only pay for surgical admissions at these **hospitals**. We will not pay for other types of **treatment** at these **hospitals**.

### (vii) National MS Centre, Rathgar

We will only pay benefits for up to a maximum of 14 days in-patient treatment, in any one calendar year.

### (viii) Treatment for which you are entitled to claim benefits under Benefit 1

If **you** need treatment for which **you** are entitled to claim benefits under Benefit 1 and none of the **hospitals** is able to provide the **treatment** within three months of **you** needing such **treatment**, we will arrange for **you** to receive such **treatment** at a hospital elsewhere in Ireland or the EU to be chosen by us. We will also pay for **your** reasonable travel expenses for travelling between **your** home and the hospital to receive the **treatment**.

### (ix) Treatment received by Total Health scheme members at a laya healthcare participating hospital other than the Mater Private Hospital, the Beacon Hospital or Blackrock Clinic

If the **treatment** the member receives at the hospital is **in-patient treatment** in private accommodation on the Total Health (No Excess) and Total Health Plus schemes, we will refund the charges covered under Benefit 1 in full for such treatment less a €50 shortfall for Total Health (No Excess) and Total Health Plus scheme members for each day of treatment.

### (x) Dean Clinics

Dean Clinics are Community based Mental Health Clinics owned and operated by St. Patrick's University Hospital. Please see Benefit 4 for the amount eligible for benefit on your policy. This is a combined benefit regardless of who the member is treated by. The Dean Clinics are located in Lucan, Donaghmede, Sandyford, St. Patrick's & Capel St., Cork and Galway.

### (xi) Lois Bridges

Please see Benefit 4 for the amount eligible for benefit on your policy. This is a combined benefit regardless of who the member is treated by.

We will only pay benefit for a maximum of 40 days for in-patient treatment in the Lois Bridges Clinic. This benefit is for treatment received in relation to Anorexia and Bulimia. Any in-patient treatment in the Lois Bridges Clinic must be pre-authorised by Laya Healthcare.

### (xii) Specified Orthopaedic Procedures

For members of the Total Health Choice, Total Health Complete, Total Health Complete 175, Total Health Select, Total Health No Excess and Total Health Plus schemes;

These procedures and the hospitals in which a shortfall will apply may change from time to time so please contact us in advance or refer to the "For Members – Checking Your Cover" section of our website for specific shortfalls. We will send you a copy of the most up to date Specified Orthopaedic list if you ask us to.

## Note 2

If **you** receive **treatment** from a **consultant** who is not participating in the **full cover scheme**, we will pay the **consultant's** fees for these services in accordance with and up to the amount shown as the standard rate in the **schedule of benefits** for the **treatment you** receive.

## Note 3

### (a) Hospital and consultants' charges for radiology and pathology

**Laya Healthcare** will only pay fees and charges for radiology and pathology if and to the extent that the radiology or pathology consists of one or more radiological procedures or pathological investigations listed in the **minimum benefit regulations**.

### (b) Laya healthcare approved laboratory, screening, diagnostic centres and suppliers

The list of **Laya Healthcare** approved laboratory, screening, diagnostic centres and suppliers is available on request. The list of those **hospitals** and centres that have been approved for MRI is also available on request.

### (c) Fees charged for radiology by consultants not participating in the full cover scheme.

If **you** receive radiology **treatment** from a **consultant** who is not participating in the **full cover scheme**, we will pay the **consultant's** fees for these services in accordance with and up to the amount shown as the standard rate in the **schedule of benefits** for this type of **treatment**.

### (d) Home nursing

We will only pay **benefits** for home nursing if the home nursing followed **in-patient treatment** for which **benefits** were also payable.

**Laya Healthcare** will only pay **benefits** for receiving home nursing if the sole purpose of home nursing is to enable **you** to reduce the period of **in-patient treatment**.

### (e) Emergency dental injury treatment

**Laya Healthcare** will only pay **benefits** for restorative dental treatment immediately following an accident.

### (f) For pre-paid GP membership schemes

We require a receipt of payment including a breakdown of dates of treatment. Membership fees paid where no treatment/attendance occurred are not eligible for benefit.

## Hospital List, including private hospital excess

(Private hospitals are in **bold**).

| Hospital   | Accommodation                    | Total Health (No Excess) | Total Health Choice / Total Health Complete / Total Health Complete 175 | Total Health Select | Total Health Plus | Excess for Total Health Plus | Excess for Total Health Choice / Total Health Complete | Total Health Complete 175 |
|--|----------------------------------|--------------------------|---|---------------------|-------------------|------------------------------|--|---------------------------|
| <b>CAVAN</b>   |                                  |                          |   |                     |                   |                              |  |                           |
| Cavan General Hospital   | Private                          | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| <b>CLARE</b>   |                                  |                          |   |                     |                   |                              |  |                           |
| Cahercalla hospital (this hospital has day-case facilities only) | Day-case                         | Yes                      | Yes   | Yes                 | Yes               | €100                         | €50  | €50                       |
| Mid Western Regional hospital, Ennis                             | Semi-private<br>Private          | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| Bushypark Treatment Centre                                       | Semi-private                     | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| <b>CORK</b>  |                                  |                          |   |                     |                   |                              |  |                           |
| Bantry General hospital  | Semi-private/day-case<br>Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| Bon Secours hospital   | Semi-private/day-case<br>Private | Yes<br>–                 | Yes<br>–  | Yes<br>Yes          | Yes<br>–          | €100                         | €125   | €175                      |
| Cork Clinic  | Limited out-patient surgical     | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Cork University hospital   | Semi-private/day-case<br>Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| Cork University Maternity Hospital                               | Semi-private/day-case<br>Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| Cuan Mhuire, Farnanes  | Semi-private/day-case<br>Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| Mallow General hospital  | Semi-private/day-case<br>Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| Marymount Hospice  | Semi-private/day-case<br>Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| Mater Private Cork   | Semi-private/day-case<br>Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        | €125                         | €125   | €175                      |
| Mercy University hospital  | Semi-private/day-case<br>Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| South Infirmary/Victoria hospital                                | Semi-private/day-case<br>Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| St. Mary's Orthopaedic hospital                                  | Semi-private/day-case<br>Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| Tabor Lodge  | Semi-private/day-case<br>Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| <b>DONEGAL</b>   |                                  |                          |   |                     |                   |                              |  |                           |
| Letterkenny General hospital                                     | Semi-private/day-case<br>Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| White Oaks Treatment Centre                                      | Semi-private                     | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |

\* Please call us for details if you are going in to a Northern Ireland hospital as shortfalls may apply.

| Hospital   | Accommodation                 | Total Health (No Excess) | Total Health Choice / Total Health Complete / Total Health Complete 175 | Total Health Select | Total Health Plus | Excess for Total Health Plus | Excess for Total Health Choice / Total Health Complete | Total Health Complete 175 |
|--|-------------------------------|--------------------------|---|---------------------|-------------------|------------------------------|--|---------------------------|
| <b>DUBLIN</b>  |                               |                          |   |                     |                   |                              |  |                           |
| Adelaide & Meath hospital incorporating The National Children's hospital, Tallaght | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Beaumont hospital  | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Bon Secours hospital, Glasnevin  | Semi-private/day-case Private | Yes                      | —   | Yes                 | —                 | €100                         | €125   | €175                      |
| Cappagh National Orthopaedic hospital  | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Children's University hospital, Temple street                                      | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Coombe Women's hospital  | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Hermitage Clinic, Lucan  | Semi-private/day-case Private | Yes                      | —   | Yes                 | —                 | €100                         | €125   | €175                      |
| Highfield hospital, Dublin 9   | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Incorporated Orthopaedic hospital, Clontarf  | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| James Connolly, Blanchardstown   | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Lois Bridges   | Semi-private/Private          | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Mater Misericordia hospital  | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| National Maternity hospital, Holles Street   | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| National MS Centre, Rathgar (this hospital has private rooms only)                 | Private                       | Yes                      | Yes   | Yes                 | Yes               | €100                         | €50  | €50                       |
| Our Lady's Hospice Harold's Cross  | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Our Lady's hospital for sick children, Crumlin                                     | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Park West Clinic, Dublin 12  | Day-case                      | Yes                      | Yes   | Yes                 | Yes               | €100                         | €50  | €50                       |
| Peamount hospital  | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Rotunda hospital   | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Royal Victoria Eye & Ear hospital  | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Rutland Centre   | Semi-private                  | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Sports Surgery Clinic, Santry  | Semi-private/day-case Private | Yes                      | —   | Yes                 | —                 | €100                         | €125   | €175                      |
| Stanhope Centre, Grangegorman (Out-patient only)                                   | Out-patient                   | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |



| Hospital  | Accommodation                 | Total Health (No Excess) | Total Health Choice / Total Health Complete / Total Health Complete 175 | Total Health Select | Total Health Plus | Excess for Total Health Plus | Excess for Total Health Choice / Total Health Complete | Total Health Complete 175 |
|---|-------------------------------|--------------------------|---|---------------------|-------------------|------------------------------|--|---------------------------|
| St. Columcille's, Loughlinstown                   | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| St. James' hospital                               | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| St Joseph's hospital Raheny                       | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| St. Joseph's Rehabilitation Centre, Harolds Cross | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| St Luke's hospital, Rathgar                       | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| St Michael's, Dun Laoghaire                       | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| St Vincent's hospital, Fairview                   | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| St Vincent's Private hospital                     | Semi-private/day-case Private | Yes<br>—                 | Yes<br>—  | Yes<br>Yes          | Yes<br>—          | €100                         | €125   | €175                      |
| St Vincent's University hospital                  | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| <b>GALWAY</b>                                     |                               |                          |   |                     |                   |                              |  |                           |
| Bon Secours hospital                              | Semi-private/day-case Private | Yes<br>—                 | Yes<br>—  | Yes<br>Yes          | Yes<br>—          | €100                         | €125   | €175                      |
| Cuan Mhuire, Coolarne                             | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| Galway Clinic                                     | Semi-private/day-case Private | Yes<br>—                 | Yes<br>—  | Yes<br>Yes          | Yes<br>—          | €100                         | €125   | €175                      |
| Merlin Park Regional hospital                     | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| Portiuncula hospital, Ballinasloe                 | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| University College hospital                       | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| <b>KERRY</b>                                      |                               |                          |   |                     |                   |                              |  |                           |
| Bon Secours hospital, Tralee                      | Semi-private/day-case Private | Yes<br>—                 | Yes<br>—  | Yes<br>Yes          | Yes<br>—          | €100                         | €125   | €175                      |
| Kerry General hospital                            | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| Talbot Grove, Castleisland                        | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| <b>KILDARE</b>                                    |                               |                          |   |                     |                   |                              |  |                           |
| Cuan Mhuire, Athy                                 | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| Clane General hospital                            | Semi-private/day-case Private | Yes<br>—                 | Yes<br>—  | Yes<br>Yes          | Yes<br>—          | €100                         | €50  | €50                       |
| General hospital, Naas                            | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |

| Hospital  | Accommodation                 | Total Health (No Excess) | Total Health Choice / Total Health Complete / Total Health Complete 175 | Total Health Select | Total Health Plus | Excess for Total Health Plus | Excess for Total Health Choice / Total Health Complete | Total Health Complete 175 |
|---|-------------------------------|--------------------------|---|---------------------|-------------------|------------------------------|--|---------------------------|
| <b>KILKENNY</b>   |                               |                          |   |                     |                   |                              |  |                           |
| Aislinn Treatment Centre  | Semi-private                  | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Kilcreene hospital  | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Aut Even hospital   | Semi-private/day-case Private | —                        | —   | Yes                 | —                 | €100                         | €50  | €50                       |
| St Luke's General hospital  | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| <b>LAOIS</b>  |                               |                          |   |                     |                   |                              |  |                           |
| Midland Regional hospital, Portlaoise   | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| <b>LEITRIM</b>  |                               |                          |   |                     |                   |                              |  |                           |
| Our Lady's hospital Manorhamilton   | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| <b>LIMERICK</b>   |                               |                          |   |                     |                   |                              |  |                           |
| Barrington's hospital   | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               | €100                         | €50  | €50                       |
| Cuan Mhuire , Bruree  | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Mid Western Orthopaedic hospital, Croom   | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Mid Western Regional hospital, Dooradoyle   | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Mid Western Regional Maternity hospital   | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Mid-Western Radiation Oncology Centre (this hospital is for out-patient treatment only) | Out-patient                   | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Millford Hospice, Castletroy  | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| St. John's hospital   | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| <b>LOUTH</b>  |                               |                          |   |                     |                   |                              |  |                           |
| Louth County hospital, Dundalk  | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Our Lady of Lourdes hospital, Drogheda  | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| <b>MAYO</b>   |                               |                          |   |                     |                   |                              |  |                           |
| Hope House, Foxford   | Semi-private                  | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Mayo General hospital, Castlebar  | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| <b>MEATH</b>  |                               |                          |   |                     |                   |                              |  |                           |
| Navan General hospital  | Semi-private/day-case Private | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |

| Hospital                                  | Acomodation                   | Total Health (No Excess) | Total Health Choice / Total Health Complete / Total Health Complete 175 | Total Health Select | Total Health Plus | Excess for Total Health Plus | Excess for Total Health Choice / Total Health Complete | Total Health Complete 175 |
|---|-------------------------------|--------------------------|---|---------------------|-------------------|------------------------------|--|---------------------------|
| <b>MONAGHAN</b>                           |                               |                          |   |                     |                   |                              |  |                           |
| Monaghan General hospital                 | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| <b>OFFALY</b>                             |                               |                          |   |                     |                   |                              |  |                           |
| Midland Regional hospital (Tullamore)     | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| <b>ROSCOMMON</b>                          |                               |                          |   |                     |                   |                              |  |                           |
| Roscommon County hospital                 | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| <b>SLIGO</b>                              |                               |                          |   |                     |                   |                              |  |                           |
| Sligo General hospital                    | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| Kingsbridge Private Hospital, Sligo       | Semi-private/day-case Private | Yes<br>—                 | Yes<br>—  | Yes<br>Yes          | Yes<br>—          | €100                         | €50  | €50                       |
| <b>TIPPERARY</b>                          |                               |                          |   |                     |                   |                              |  |                           |
| Aiseiri Centre, Cahir                     | Semi-private                  | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Nenagh General hospital                   | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| South Tipperary General hospital, Clonmel | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| <b>WATERFORD</b>                          |                               |                          |   |                     |                   |                              |  |                           |
| Waterford Regional hospital               | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| Whitfield Clinic                          | Semi-private/day-case Private | Yes<br>—                 | Yes<br>—  | Yes<br>Yes          | Yes<br>—          | €100                         | €125   | €175                      |
| <b>WEST MEATH</b>                         |                               |                          |   |                     |                   |                              |  |                           |
| Midland Regional hospital (Mullingar)     | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| St. Francis, Mullingar                    | Semi-private/day-case Private | Yes<br>—                 | Yes<br>—  | Yes<br>Yes          | Yes<br>—          | €100                         | €50  | €50                       |
| <b>WEXFORD</b>                            |                               |                          |   |                     |                   |                              |  |                           |
| Aiseiri Centre                            | Semi-private                  | Yes                      | Yes   | Yes                 | Yes               |                              |  |                           |
| Wexford General hospital                  | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| Ely hospital                              | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |

| Hospital                                   | Accommodation                 | Total Health (No Excess) | Total Health Choice / Total Health Complete / Total Health Complete 175 | Total Health Select | Total Health Plus | Excess for Total Health Plus | Excess for Total Health Choice / Total Health Complete | Total Health Complete 175 |
|--|-------------------------------|--------------------------|---|---------------------|-------------------|------------------------------|--|---------------------------|
| <b>NORTHERN IRELAND*</b>                   |                               |                          |   |                     |                   |                              |  |                           |
| Altnagelvin, Derry                         | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| The North West Independent hospital, Derry | Semi-private/day-case Private | Yes<br>—                 | Yes<br>—  | Yes<br>Yes          | Yes<br>—          | €100                         | €125   | €175                      |
| The Ulster Independent Clinic, Belfast     | Semi-private/day-case Private | Yes<br>—                 | Yes<br>—  | Yes<br>Yes          | Yes<br>—          | €100                         | €125   | €175                      |
| Daisy Hill, Newry                          | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |
| Royal Victoria hospital, Belfast           | Semi-private/day-case Private | Yes<br>Yes               | Yes<br>Yes  | Yes<br>Yes          | Yes<br>Yes        |                              |  |                           |

| Private Psychiatric Hospitals/Facilities | Total Health (No Excess) | Total Health Choice / Total Health Complete / Total Health Complete 175 | Total Health Select | Total Health Plus | Excess for Total Health Plus | Excess for Total Health Choice / Total Health Complete / Total Health Complete 175 |
|--|--------------------------|---|---------------------|-------------------|------------------------------|--|
| <b>DUBLIN</b>                            |                          |   |                     |                   |                              |  |
| Hampstead Clinic                         |                          |   |                     |                   |                              |  |
| St. Patrick's & St. Edmundsbury Hospital |                          |   |                     |                   |                              |  |
| St. John of God's                        |                          |   |                     |                   |                              |  |

No excess or shortfalls apply to these private psychiatric hospitals/facilities

## Important information to note:

### Waiting periods

| The following waiting periods will apply if you are aged:   | Under 55* years                | 55–59* years   | 60–64* years | Over 65* years |
|---|--------------------------------|----------------|--------------|----------------|
| How long before you can make a claim for accident or injury?  | Immediately for all age groups |                |              |                |
| How long before you can make a claim for any new disease, illness or injury which began or the symptoms of which began after membership started?  | 26 weeks for all age groups    |                |              |                |
| How long before you can claim for any disease, illness or injury which began or the symptoms of which began before membership started?  | 5 years for all age groups     |                |              |                |
| How long before you can claim benefit for maternity cover?  | 1 year                         | Not Applicable |              |                |
| <b>In addition, if you're upgrading your level of cover/benefits the following waiting periods will apply regardless of how long you have been insured:</b>   |                                |                |              |                |
| You have health insurance and want to get a higher level of cover/benefits, how long before you can avail of the better cover/benefits for any disease, illness or injury which began or the symptoms of which began before you upgraded? | 2 years for all age groups     |                |              |                |
| You are already pregnant and you wish to improve your cover/benefits, how long before you can avail of the better cover/benefits?   | 1 year                         | Not Applicable |              |                |

### Out-patient excess

| Yearly out-patient excess on each scheme            | Total Health (No Excess) | Total Health Plus, Total Health Select, Total Health Choice, Total Health Complete and Total Health Complete 175 |
|---|--------------------------|--|
| Yearly excess if you are on a policy by yourself    | €220                     | €1   |
| Yearly excess if you have dependants on your policy | €440                     | €1   |

### The following waiting periods will apply for infertility treatment

#### Waiting periods for infertility\*

- The first 52 weeks of membership
- The first 52 weeks of membership for existing members that transfer or change between schemes to avail of this benefit
- The first 52 weeks for existing members on the schemes that has this benefit. The waiting period shall be reduced by a person's continuous period of cover (if any) on that scheme.

\*Applies to Total Health Select, Total Health Choice, Total Health Complete and Total Health Complete 175 members only

### Number of days\*\*

| Treatment                         | Days   |
|-----------------------------------|--|
| In-patient and day-case treatment | 180 days per calendar year                     |
| In-patient psychiatric cover      | 100 days per calendar year                     |
| Drug and alcohol treatment        | 91 days in any continuous period in five years |

\*\*See page 10 point F (i) and (ii) and point G



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An ECG (heart rate) line graphic that starts as a thin line, rises to a peak, and then falls with a small tail and three dots at the end.

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The AIG logo consists of the letters 'AIG' in a bold, sans-serif font, enclosed within a square border.



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